

# ANNUAL REPORT

2022/23



Cyfrannu ychydig, Cyflawni llawer! Give a little, Gain a lot!

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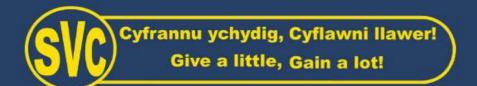
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Appendix 1: Report of the Trustees and Audited Financial Statement





From all of us at Skills & Volunteering Cymru (SVC), I welcome you to this year's annual report. It's been an exciting year full of progress and growth. None of which is possible without our amazing community of staff, trustees and volunteers, whose hard work and progress I'm excited to share with you.

Since the pandemic, many of our projects saw a new lease of life in the form of digital delivery. As we are returning to our new normal, our approach to digital development has broadened to suit the needs of everyone in our community. We continue to develop online projects for those who prefer digital activities and likewise with our in-person activities. With this blended approach we are providing opportunities to all in a format that they prefer. This growth in our digital presence has seen the appointment of our first digital strategy board member, Grace, to place importance on our digital growth at a board and project level.

Another area of focus for SVC this year, was our Equality, Diversity, and Inclusion (EDI) group. This year saw the group become an open forum, inviting everyone to attend the meetings and share their views. We also oversaw a new project this year called Act Now for Equality. In partnership with Innovate Trust, this project created an open training video on the 9 protected characteristics, making the topics surrounding equality more accessible for everyone.

As well as this, our communication trustees and staff team have been using our social media platform to spread awareness of events across all walks of our community. This year, in line with Black History Awareness Month, we are hosting a 12-month initiative to provide support for combatting racial inequality and support learning across our community. Consistent support for awareness days like these have been thanks to our trustees working closely with our staff to build upon one-off awareness days and more towards consistent learning and support. Similarly, we have improved our website and newsletter accessibility this year. By providing both an email and video newsletter, more people can learn about SVC's work and partners in a way that they would like.

Following in the footsteps of the EDI group, we saw the creation of our environmental committee last year. This year with support from Cardiff University Business school and our events team, the environmental committee hosted their first swap shop, where people can swap their unwanted items with other donations. We stopped over 200kgs of items going to waste! The environmental committee are also working towards collating data on SVC's carbon footprint to help support our environmental aims over the next year.

A new area of focus for SVC this year is our international exchange programme. With the support of funding from Taith, this year we are working with La Selva, a youth office based in Catalonia. This has included a staff development trip where SVC and La Selva learn new ways of working from each other and the different types of projects we both offer. Later this year, this project is supporting 10 young people to visit La Selva in Catalonia, to learn new skills and volunteer with different charities.

Although our office is based in Cardiff, our volunteering has expanded over the years increasing volunteering opportunities and support in Swansea, Gwent and RCT. Within RCT, in partnership with Innovate Trust, we also have a new project called 'Out & About', focusing on taking adults with learning disabilities out on an evening activity. Another new project that SVC focused on this year was Communities Together. This was a project hosted at the start of the year in partnership with Down To Earth, developing a healthcare and rehabilitation centre at Llandough Hospital aimed at supporting social integration of asylum seekers into the local community.

From digital projects down to gardening, from committee meetings to international exchanges, we are having a very fantastic and busy year here at SVC. This is never possible without the continued support of everyone involved with SVC. Firstly, I would like to thank our patrons Amanda Coffey and Baroness Finlay of Llandaff for their continued support. I would also like to extend thanks to all our partners and funders for allowing SVC to challenge themselves, supporting the growth of projects and for coming together to support our community.

To our dedicated, brilliant staff team a big thank you is in order. They work tirelessly to ensure our projects are delivered, whilst working with our partners, volunteers and beneficiaries. A huge thank you to Ad, Emma, Johnny, Kumba, Georgia and Sophia. Also thank you to Robin, who joined us as part of a 10-week paid internship, another first for SVC!

Thank you as well to our board of trustees who volunteer their time to support the running of the charity in all different ways. Thank you for pushing SVC to broaden its reach and volunteer all your fantastic skills to support the team and volunteers. To our community of supporters, thank you to you! You may not volunteer on a project, but we value your support so highly. From supporting us in fundraising events, using our online resources, and following us on social media!

And of course, the biggest possible thank you to all our volunteers. For over 50 years, SVC has been supported by volunteers donating their time, skills, and passion to support others in their community and bettering the world around them. The infinite kindness and commitment of our volunteers truly blows me away. Year after year, we have new and old volunteer with us from all walks of life taking part in all kinds of volunteering and their neverending support will always be crucial to who we are at SVC.

Give a little, gain a lot.

All my thanks and best wishes,

Sophie Smith
SVC Chair

#### Digital Strategy

Our team has changed quite a lot in the last year. Though we no longer have a dedicated digital lead on the staff team, we have introduced a new role of Digital Inclusion Officer on the Board of Trustees to ensure that we continue to champion digital inclusion and skills development for our volunteers, staff and beneficiaries. This comes as we have also been able to return to our roots, working more directly with our community face to face. This year we have worked towards striking a balance between the benefits of delivering projects digitally and getting back out in full force!

We have continued to be a proud member of the Digital Inclusion Alliance for Wales. With the launch of the second edition of the agenda earlier in 2023, we have done work as an organisation to see where best to focus our efforts. We believe we are best placed to work towards "prioritising essential digital skills for work and life in the economy", while we also work to support "mainstreaming digital inclusion in health and social care" through our close partnership with Innovate Trust.

We are in the process now of completing a Digital Audit of the organisation to understand how we have continued to use digital skills and technology in our day-to-day work from project delivery to virtual board meetings! We look forward to learning more about what we are doing, and what more we can do in this space while we explore new horizons abroad and return to working face-to-face with our communities here in Wales!

Grace Piddington (Digital Inclusion Officer on the Board of Trustees)

#### **Environmental Strategy**

In April 2022 we completed our 'Going Green Together' project, in partnership with Innovate Trust, and said goodbye to our Environmental Coordinator, Daf who moved on to pastures new. This then brought about a new stage in SVC's environmental work, and prompted reflections on what we wanted to achieve as an organisation.

This year has seen the Environmental Committee change from being predominantly project focused, to being a strategic group. We welcomed new members to the committee from the community, who are supporting SVC with assessing how we are doing as an organisation, and how we can continue to strive to be more environmentally focused, and sustainable in the way we work.

We also welcomed our first Environmental Officer, Josie, on to our Board of Trustees. Josie has been the bridge of communication between the Environmental Committee & the Board of Trustees.

Our environmental work this year, has been laying the ground work for coming years, ensuring we have direction and purpose in our Environmental work going forward.

#### Equality, Diversity & Inclusion

#### EDI Forum:

The EDI Forum meet every six weeks over Zoom (usually 1 hour meeting on a Tuesday evening – 6-7pm) to openly discuss a range of Equality Diversity and Inclusion issues, identify EDI aims and goals and agree appropriate ways to implement them. They then share and embed these changes across the SVC community and wider.

Over the last year we have discussed and undertaken the following:

- Operating open meetings for the SVC and Innovate community to join
- EDI Training Opportunities, reviewing current training and proposed training
- Scheduled staff training, focusing on Mental Health, Work-Life balance, pronouns, sexuality and protected characteristics
- Reviewed application forms and ensured they are reflective of EDI goals and aims
- Proposed new projects with an EDI focus and reviewing our current projects and partnerships with regards to their approaches to EDI.

#### **Act Now For Equality:**

In 2022, SVC completed our Act Now for Equality project in partnership with Innovate Trust. Together we have supported SVC Volunteers and Innovate Trust Service Users to learn about the 9 protected characteristics, the Equality Act 2010, and share experiences with EDI and/or discrimination.

Over the course of a year we have delivered a total of 28 project activities – 17 online planning and training sessions and 11 in-person interactive learning activities.

We recruited a core group of project volunteers who attended our online sessions to learn about EDI, but also gave their input to inform how we would make these topics accessible and relatable for our wider target audience.

Together we created a bank of 10 online training sessions which can be shared and reused by SVC and Innovate Trust to further develop awareness, education and understanding of EDI in the years to come.

These activities have made a difference to our volunteers who have expressed gratitude for how much they have learnt, a motivation to keep learning and a new-found agency to inform others about EDI.

A change from the original bid came in the form of additional interactive learning sessions to further underpin understanding of EDI – for example a walk in Cardiff's multicultural Tiger Bay area stopping to look at monuments, street art and statues to illustrate the theme of diversity or our "Equaly-ympics" event, a series of competitive games and activities designed to further understanding and reflection on the 9 protected characteristics.

This different style of session attracted some new people to the project by making the core themes even more accessible and engaging and therefore achieving our aim of making EDI more widely relatable.

# What our volunteers say...

Volunteering at Club Night has been an amazing experience. It has been an opportunity to connect with and get to know members of my community in a fun, safe, and exciting environment that may not be easily accessible to them otherwise. I have enjoyed getting involved with making Club Night exciting with putting themes together with relevant music and decorations. The thing that I enjoy most about volunteering at Club Night is seeing everyone up on the dance floor – me included!

- Layla (Club Night Volunteer)

This scheme gave me a chance to see that

humanity still exists

- Agbo (Befriending

Volunteer)

I love volunteering with Shiny
Happy People. The sessions are so
joyous and uplifting! It's wonderful
to be involved with everyone
having a great time, singing,
dancing & making friends. It's the
highlight of my week!
- Alison (Shiny Happy People
Volunteer)

LOL is a really fun and enjoyable project to volunteer for. Right from my first session, the whole group was extremely friendly and welcoming. It's lovely seeing everyone having such a great time, and new friendships being made. I always have so much fun, and would recommend the project to anyone! - Charlotte (LOL Volunteer)

My beneficiary mentioned that the befriending scheme has allowed her to do hobbies which she enjoys more frequently such as jelly and pancake making. She also felt extremely proud of herself when she was able to taste what she has made during the sessions, and it gave her a lot of confidence. She also mentioned she likes talking to me a lot and it made her feel less lonely. This experience pushed me out of my comfort zone as well and I have become more at ease when talking to strangers

- Befriending Volunteer

# What our volunteers say...

Be Friends has been a fulfilling experience that has enabled me to help an individual flourish and strengthen their social skills.

Not only have I contributed to someone else's life, I have developed my interpersonal skills and learnt so much along the way. It's a very rewarding project I would encourage anyone to be a part of. Working with SVC has been an amazing opportunity, I have felt supported and listened to throughout the whole project - Thank you.

- Ella (Be Friends Volunteer)

The Be Friends project is a great way to help someone improve their quality of life as well as your own!

- Yves (Be Friends Volunteer)

I have really enjoyed
volunteering for the Young
Carers Club this year as it has
been so rewarding to see the
enjoyment it brings to our young
carers lives
- Charlotte (Young Carers
Volunteer)

Be Friends has been a really fun and engaging project to be a part of!
Seeing our young person's confidence grow in each session is so rewarding and I would definitely take part again.

- Megan (Be Friends Volunteer)

I have loved this experience on the Be Friends project, it's been so rewarding watching our young person's confidence grow in particular. We have all enjoyed every session and I've had so much fun on the project.

- Hannah (Be Friends Volunteer)

# **Testimonials**

I enjoy the sessions and the students are helpful and kind. I like spending time with young people with or without disabilities.

- Gareth (LOL Beneficiary)

I love going to LOL because we have fun singing, dancing, doing arts & crafts and bowling and food, and being with my friends. The volunteers are kind and helpful. I love LOL!

- Chloe (LOL Beneficiary)

I like to see my friends and do good things

- Leo (LOL Beneficiary)

I think that SVC has made me realise what I can do and I've made loads of friends as well. I love all of the trips because they include everyone and it's all really fun, thank you!

- Kaitlin (Young Carers Club Beneficiary)

Thank you to you all for lovely day trips.
It is great having something to look
forward to once a month where i can
get away from struggles and have fun.
I really love our days out and making
friends. Thank you to SVC for helping
me

- Emily (Young Carers Club Beneficiary)

I really enjoy LOL as I get to meet up with all my friends and have great fun with Movie Night,
Bowling and eating out. I enjoy Laughing and chatting with my friends, it's great fun. Thank you for making this happen.

- Olivia (LOL Beneficiary)

# **Testimonials**

I like going to LOL to see my friends and the volunteers to have fun and laugh all together. My favourite things to do in LOL are dancing with Shiny Happy People, watching films and going bowling too. Thank you to the LOL people

- Alex (LOL Beneficiary)

I like all activities in the LOL club. I have fun. Club makes me do good thinking
- Rob (LOL Beneficiary)

I like seeing my friends and having lots of fun and a nice time

- Luke (LOL Beneficiary)

I like to have fun with my friends. I loved making pizzas together and so many different things to do - Michael (LOL Beneficiary)

It's been fun and exciting and good for your mind, it's great! - Klae (Be Friends Beneficiary) It has helped me be able to have better small talk and become more comfortable it social situations and brought me out of my shell - Ruby (Be Friends Beneficiary)

# Vision, Mission & Values

#### Our Vision

We want volunteering to be a part of everyday life in Cardiff and the surrounding areas, where all members of our community have the opportunity to 'give a little, gain a lot'.

#### **Our Mission**

Our mission is to enhance the lives of disadvantaged and vulnerable members of the local community through volunteering.

#### **Our Values**

#### Accountability

We use our resources effectively by tackling identified needs and issues through our projects. We constantly monitor and evaluate our work and it is paramount to us that we are accountable to volunteers, beneficiaries, supporters and partners.

#### Collaboration

We work alongside a number of diverse partners to ensure we deliver the best and most comprehensive services to both our volunteers and beneficiaries.

#### **Empowerment**

Our projects are designed to empower vulnerable and disadvantaged individuals by supporting them to overcome identified barriers. We empower our volunteers by giving them real responsibility and ownership over their projects, enabling them to make lasting change to individual lives and gain valuable transferable skills.

#### Equality, Diversity & Inclusion

At SVC we are proud to provide inclusive services by offering opportunities to all, regardless of age, race, gender, disability, culture or religion.

#### **Passion**

We pride ourselves on the spirit of the SVC community - we're passionate about volunteering and the impact it has on people's lives.

## 2022-23 Team

#### Trustees

Sophie Smith - Chairperson Heidi Smith - Vice Chairperson Emma Board-Davies - Treasurer Kieran Vass - Secretary Rhian Fish - Communications & Marketing Officer Georgia Taylor - Communications & Marketing Officer Grace Piddington - Digital Inclusion Officer Josie Davies - Environmental Officer James Galloway - Events & Fundraising Officer Kelly Fenton - Events & Fundraising Officer Henry Morris - General Trustee Jessica Rumble - General Trustee Karen Harvev-Cooke - General Trustee Lucie Mathison - General Trustee Lucy John - General Trustee Nina Di Cara - General Trustee Rosie Rapado - General Trustee

Gavin Hawkey - Associate Trustee
Rhian Perridge - Associate Trustee
Anneka Bisi - Advisor to the Board of Trustees
Fay Brindson - Advisor to the Board of Trustees
Nick French - Advisor to the Board of Trustees

# 2022-23 Team

#### Staff

Adrienne Earls - SVC Manager

Emma Dixon - Team Leader

Frankie Hackett - Project Coordinator and Equality, Diversity & Inclusion

Representative

Georgia Parker - Project Coordinator

Grace Piddington - Digital Support & Project Coordinator

Johnny Ling - Project Coordinator

Kumba Sillah - Project Coordinator

Sophia Grace - Project Coordinator and Equality, Diversity & Inclusion

Representative

Rosie Rudd - Project Coordinator

#### Lead Volunteers

Cerys Griffiths - LOL Lead Volunteer

Mair Wilcox - LOL Lead Volunteer

Bea Westerman-Loe - NHS Lead Volunteer

Daisy Lee Norton - NHS Lead Volunteer

Emily France - NHS Lead Volunteer

Hassan Ahmed - NHS Lead Volunteer

Mia Bromley - NHS Lead Volunteer

Emily Marshall - Young Carers Club Lead Volunteer

Kelly Fenton - Young Carers Club Lead Volunteer

Milly Carter - Young Carers Club Lead Volunteer

Rosie Rudd - Zumba Lead Volunteer

# Statistics Overview

502 Volunteer Opportunities

15,000 Hours

Beneficiaries

29 Projects

£217,642

Estimated Volunteer Value

# SVC International Exchange Project

Taith is Welsh Government funding which supports Wales' new International learning exchange programme. The aim is to create life changing opportunities to travel, volunteer, learn and experience.

International work is a completely new area for us, and has led to many new opportunities and relationships being built. Through a virtual exchange, we have been working closely with the Government Youth office of La Selva in Catalonia, and planning a summer exchange for our young people to spend time together volunteering, and learning about each other's cultures. This exchange will take place in July, where young people will undertake volunteering opportunities working with young people on summer camps, and also conservation initiatives.

Additionally, we will be undertaking several staff development trips to learn about volunteering practices and youth work in different parts of the world. We have already been fortunate enough to travel to Catalonia to do some strategic planning work, and have other trips lined up with Oslo University, and several charities and educational institutions in Toronto.



# Adults: Disabilities, Mental Health & Homelessness

#### Befriending

Befriending is where a volunteer is matched with an adult with a learning disability, to meet once a week to do activities.

This year, we have matched many more volunteers with beneficiaries, including some Medicine students who volunteered as part of their degree. These matches have been made across three different localities; Cardiff, the Vale and RCT.

Some sessions are run in the individual's home where they can do things like cooking or watching a film, whilst others prefer to go into the community and grab some food or go bowling. The Befriending project has continued to help build confidence for both volunteers and beneficiaries.

This year, some beneficiaries have been given support from their volunteers to use public transport and to cook meals to help them gain more independence. This has been beneficial for them in helping to reach the goals that they wished to achieve in being part of this project.

Kumba Sillah & Georgia Parker (SVC Project Coordinator)

# Adults: Disabilities, Mental Health & Homelessness

#### **Boosting Nature**

This year we partnered up with the Skills & Wellbeing Team at Innovate Trust on a Project called Boosting Nature. Boosting Nature is a project where a volunteer supports an adult with a learning disability to volunteer in the community, by doing environmental or conservation community activities. The aim of the project is for the volunteer to support the beneficiary to volunteer to help them gain confidence and skills. The volunteers on the project have really enjoyed their time volunteering each week and it's been lovely to hear the positive effects it has had on them and the beneficiary. Not to mention, they are also helping with the environment!

Kumba Sillah & Georgia Parker (SVC Project Coordinator)

#### **Coffee Morning**

Coffee morning is a project that is run in the RCT area on a fortnightly basis. This is attended by adults with learning disabilities who like to come along for a chat and some coffee and biscuits. The participants also enjoy taking part in arts and crafts each week to start the session, which is followed by two rounds of bingo. We currently have two volunteers who help out on this project, one who plans the craft activities and another who runs the bingo. Sometimes we will do themed sessions such as Valentines, Christmas and Easter.

Georgia Parker (SVC Project Coordinator)

# Adults: Disabilities, Mental Health & Homelessness

#### Club Night

Club Night restarted in July 2022, with the project continuing to run monthly at The Moon Club in Cardiff, every last Wednesday of the month.

Club Night creates an accessible and safe clubbing environment for anyone with a learning disability to attend. The aim of the project is to bring people together to have a dance, meet new people, and catch up with friends.

We have had 2 fantastic volunteers come on board to the project, Richie and Layla.

They organise the theme for each month and welcome people at the door, making sure everybody has a great time.

Since restarting the project, we have had many new people from the community come along, as well as the regular faces who come each month.

We now have a resident DJ called Bryn, who we found on a Facebook community group. He always brings the party vibes and takes requests from the attendees, which can be anything from Slipknot to Barbie Girl!

Kumba Sillah (SVC Project Coordinator)

# Adults: Disabilities, Mental Health & Homelessness

#### Dance with Georgia

Dance with Georgia runs every Friday at 1:30pm which is hosted by a professional dancer. In these sessions, participants are given the chance to lead the warm up routine themselves and make up their own moves to a dance each session. Georgia now teaches the lessons sat down so that it is more accessible for all to join in. We have also had two in person sessions as we are exploring the idea of making Dance with Georgia a blended activity.

Georgia Parker (SVC Project Coordinator)

#### Drama with Izzy

Drama with Izzy is still going strong after 3 years of running digitally on Insight, an accessible app created by Innovate Trust as a place for adults with learning disabilities to enjoy online activities.

For one hour, every 4 weeks, Izzy encourages attendees to be creative and practice their drama skills.

Everyone enjoys drama aerobics which is a set of different dramatic moves to a song of the group's choice, followed by show and tell.

To finish off, the group create a wonderful story that is both imaginative and funny, which they all act out afterwards.

Kumba Sillah (SVC Project Coordinator)

# Adults: Disabilities, Mental Health & Homelessness

#### Huggard Centre & The Salvation Army

We have recently been working on getting the social clubs up and running again, and have been vetting and interviewing applicants. The projects aim to help tackle feelings of loneliness and isolation. This will continue into the 23/24 academic year.

Sophia Grace (SVC Project Coordinator and Equality, Diversity & Inclusion Representative)

#### Karaoke Club (Digital)

Over the last year or so, Karaoke Club has been run by a group of 5 peer volunteers we have trained up to run the project.

It has been lovely to see them take ownership of the project and come up with new monthly themes and ideas for the project.

Themes have included LGBTQIA+, Scottish, Halloween and many more! The project has transitioned to run bi-monthly and is a staple on Insight, for adults with disabilities to join from all over the UK, to have a sing and dance on Zoom.

Kumba Sillah (SVC Project Coordinator)

#### Out & About (RCT)

Out and About is a new project we have set up in 2023 which is one monthly evening activity in the RCT area. The aim of the project is for a group of volunteers to organise and run a different activity, in a different location each month for adults with learning disabilities. Each month will be a new experience and a way of bringing people together for one evening, to catch-up and make new friends.

Kumba Sillah & Georgia Parker (SVC Project Coordinator)

# Adults: Disabilities, Mental Health & Homelessness

#### Shiny Happy People/You've Got A Friend

'You've Got a Friend' is a weekly event that takes place in Church Village which is for adults with learning disabilities to come along and have a sing and dance.

There have been themed sessions such as Valentines, LGBTQ+, animals and country and Western. Stef and Kate aka 'Shiny Happy People' lead the sessions each week, and we currently have two volunteers who come along to dance with the participants to make sure that everyone feels included. This session has boosted the confidence of both participants and volunteers and has a great community feel. We have recently celebrated 3 years of the partnership between SVC and SHP with a birthday party where family and friends were invited along.

Georgia Parker (SVC Project Coordinator)

#### Live Music with Chris Kelly

This is a digital project which takes place every Tuesday at 4pm. The session is run by Chris Kelly who is a professional singer who sings for adults with learning disabilities. Each week we take in song requests from the participants and Chris includes these in the following session. He plays his guitar and sometimes uses other instruments too. Some sessions have had themes such as Christmas and Halloween. Chris played some love songs at our digital Valentines Day party which everyone loved!

Georgia Parker (SVC Project Coordinator)

# Adults: Disabilities, Mental Health & Homelessness

#### Fantastic 4

Fantastic 4 is a project that consists of 4 parties across the year for the people we support at Innovate Trust.

Since the pandemic, the project has been digital and has been run by our peer volunteers on Zoom.

Each year we run parties for Halloween, Christmas, Valentines and a theme of the volunteer's choice.

This year we saw the musician Chris Kelly and Alex Clarke at our Halloween Party, then Christmas consisted of a magic elf and music from Steve Floyd.

Lastly, our Valentines party had the wonderful Shiny Happy People, musician Chris Kelly and a Valentines Quiz.

We aim to bring back the in-person version of this project in 2023, whilst still having our peer volunteers run the digital party too.

Kumba Sillah (SVC Project Coordinator)

#### Zumba

Throughout the last year, digital weekly Zumba sessions, instructed by Eliana, have continued to be enjoyed by many regular and new attendees! These Wednesday afternoon sessions consist of a variety of different routines to a range of different songs, which alternate each week, keeping the sessions exciting and energising.

They have been an uplifting and consistent way for the participants to keep moving and meet new people this last year. Particularly as the sessions are a convenient 30 minutes, making them an easy and accessible way to fit exercise into the participants day!

Rosie Rudd (Zumba Lead Volunteer)

# Adults: Disabilities, Mental Health & Homelessness



Top Row: Club Night Middle Row: Dance with Georgia Bottom Row: Shiny Happy People

## Children & Young People

#### Be Friends

Our Be Friends project is a befriending project where volunteers work in pairs to support children and young people with a variety of physical and/or learning disabilities, through weekly sessions with them either in the home or out and about in Cardiff doing various activities.

Our volunteers this year have undertaken a range of activities with the young people, such as bowling, cinema, trampolining, go karting, baking, escape rooms and swimming, amongst many more!

The project aims to help the young people develop social skills, increase independence and gain access to various fun activities as well as providing valuable respite for the families.

As a result of our continuing relationship with Cardiff University School of Medicine and Cardiff Metropolitan University Psychology, we have been able to provide placement opportunities for large amounts of students, and this along with numerous community & student volunteers has meant that we have been able to support large numbers of beneficiaries.

It has been brilliant to see the young people forming strong relationships with their volunteers, and having such a fun, positive time on the project!

Johnny Ling (SVC Project Coordinator)

### Children & Young People

#### **EYST**

SVC has continued to work in partnership with EYST (Ethnic Minorities & Youth Support Team) this year to provide additional academic support to Black and Minority Ethnic young people.

EYST was set up in 2005 by a group of ethnic minority young people, aiming to fill a gap in provision for young people from Black Asian and Minority Ethnic backgrounds aged 11-25 by providing a targeted, culturally sensitive and holistic support service to meet their needs.

EYST run a Homework Club to support young people from Black Asian and Minority Ethnic backgrounds undertaking their GCSE's and A Levels. In this club, volunteers are matched with a young person based on their specialised subject and the young person's need, to provide a weekly one to one support.

During the pandemic, EYST set up a digital version of this project, and SVC has worked with them to continue to provide and support volunteers to tutor children and young people online. This has hugely benefitted the children and young people involved, as volunteers have been able to offer both academic and English language support in the subject areas and topics that they most struggle with.

Johnny Ling (SVC Project Coordinator)

### Children & Young People

#### Young Carers Club - Kids

I first started volunteering on the Young Carers Club when I was at university, 5 years later I have finished university but my role within the young carers club has continued.

Not only do I love the trips themselves and how much fun we have each and every month, but feedback from both parents and kids saying how much impact this has on them is why I've carried on as long as I have.

This year, we have visited Folly Farm, Bristol Aquarium and we saw a Christmas show in Cardiff Castle. We attended a Thai cooking class, visited a dessert parlour and battled it out at Ninja Warrior UK.

All our sessions this year have been really popular with the group and they have enjoyed spending time together and making new friends.

I have formed great bonds with the families, volunteers and staff and my role has been a great talking point in many different situations.

Being part of this project has given me a sense of belonging as well as feeling I am giving back to my community in a small but meaningful way.

Kelly Fenton (Young Carers Club Kids Group Lead Volunteer)

### Children & Young People

#### Young Carers Club - Teens

I've helped lead the teens group for young carers club for a few years now, and every trip I've come away with a smile and a spring in my step. We've got to do so many fun activities together this year like; a music producing workshop, Ninja Warrior, a Thai cooking session, and an escape room which we only managed to escape from in the last minute!

Being a volunteer for young carers club has meant I've met such a diverse range of people, volunteers as well as young carers, and learnt so many new things about the different lives led all over Cardiff.

Through our competitive laser questing, team working to produce a brilliant Kanye Wests Downfall rap, and social catch ups eating dessert, we have built strong relationships and have helped support the group to grow in confidence during some of their most chaotic years with making choices and growing up.

It's been a pleasure working with the group!

Milly Carter (Young Carers Club Teens Group Lead Volunteer)

### Children & Young People

#### Laugh Out Loud Fridays

The LOL project is full of fun and care free time with friends, to relax and do different activities.

I've really enjoyed being a part of the project over the last year, getting to know the guys.

We've done a range of activities this year from bowling, movie nights, baking and dance sessions with other amazing projects like Shiny Happy People!

All of which have been a joy to be a part of and the beneficiaries have loved.

LOL provides a place for everyone to be themselves in a comfortable and welcoming environment, and I couldn't imagine not being part of the team!

Cerys Griffiths (LOL Lead Volunteer)

### Children & Young People



Top Row: Be Friends

Middle Row: Young Carers Club

Bottom Row: LOL Fridays

## Community & NHS

#### NHS Placement Scheme

The NHS Placement scheme began in November 2022 with 47 volunteers going onto 11 wards in Llandough and Whitchurch.

Each ward specialises in mental health and supports patients at different levels of recovery. One of our placements is at the Hafan y Coed Unit where volunteers facilitated activities and befriended people who have mental health related conditions in an inpatient unit across 5 wards. These patients are at different points in their recovery. The Llandough Hospital placement focuses on people who are at different stages of dementia and have mental health related conditions. They offer in-patient assessment and treatment for people with acute mental health needs who cannot be supported in the community due to the severity of their behavioural and psychiatric symptoms.

Volunteers facilitated stimulating activities which help with patient's memory and encourage use of the brain. The last placement volunteers took part in is Park Road – Rehabilitation and Recovery Support House, a mental health scheme where volunteers get to spend time with people at a rehabilitation support house for people who have been discharged from a mental health hospital or who are struggling to manage independently within the community due to their mental health conditions. The goal is for all residents to be reintegrated back into society. This scheme provides the residents with people to interact with who will listen to their problems, encourage them to get involved with activities and encourage skills that will be used when they live independently e.g. cooking, budgeting. Overall, our volunteers have made a huge difference and have continued to attend the wards regularly. We were fortunate enough to receive some funding for this placement and have spent it on resources to take onto wards to give patients a wider selection of activities.

Sophia Grace (SVC Project Coordinator and Equality, Diversity & Inclusion Representative)

## Community & NHS

# Police Volunteer Project (Cardiff & the Vale)

The last year has seen the Police project start to get back to 'normal' since the pandemic.

Our volunteers have been busy on the safety bus every Wednesday, Friday & Saturday night, supporting vulnerable individuals to a place of safety in Cardiff's Night Time Economy.

Our volunteers have also supported with Bike marking events, supporting members of the community to register their bike to the national system, and help reduce the likelihood of their bikes being stolen.

They have also been out and about providing crime prevention advice to local residents through our crime prevention walkabouts, and at fresher's and university fayres across the city.

Our volunteers have also have the opportunity to support with role play opportunities including; police officer training and a rest centre emergency event exercise.

We look forward to continuing to develop the project over the coming year.

Emma Dixon (SVC Team Leader)

### Community & NHS

# Police Volunteer Project (Swansea, Neath & Port Talbot)

We have recently expanded our partnership with South Wales Police, through which we now support the Swansea division of the police volunteer project. We look forward to expanding this partnership further in the coming year.

Emma Dixon (Team Leader)

# Police Volunteer Project (Mid Glamorgan)

This year, the Mid Glamorgan project welcomed PC Lewis McPherson as the new coordinator, since he has been in post we have supported Lewis with recruitment, and look forward to expanding our partnership further in the coming year.

Emma Dixon (Team Leader)

## **Project Overviews**

## Community & NHS



Top & Middle Row: Police Volunteer Project (Cardiff & Vale)
Bottom Row: NHS Placement Scheme

# One-Off Volunteering Events: Winter Giving Week

## Shiny Happy People

This years Winter Giving Week saw us hosting Shiny Happy People sing and dance along sessions across Cardiff, Vale of Glamorgan & RCT. We had fantastic festive songs and decorations, and everyone enjoyed having a song and dance to bring the festive spirit!

## Dog Walking at Cardiff Dogs Home

A group of volunteers and staff visited Cardiff Dogs Home to give some of their dogs a few hours out and about exploring the local area. The group had a fantastic time and enjoyed the walks and cuddles from the dogs, with many becoming registered dog walkers afterwards!

## **Huggard Christmas Party**

During winter giving week in 2022, we organised a Christmas Party for The Huggard centre which saw volunteers decorating the space, running a quiz and crafts. Crafts included making Hot Chocolate cones as well as Christmas card and Christmas decoration making. We were kindly donated lots of treats to share with the centre and also pizzas from Franco Manca. This event was a huge success and saw lots of clients from the centre enjoying themselves and getting into the festive spirit.

## One-Off Volunteering Events: Student Volunteering Week

### **CV Workshop**

The wonderful HR team at Innovate Trust provided an hour skills session on applying for jobs and CV's. The attendees were very engaged with the session and made the most of the opportunity to pick the HR team's brains!

## Valentines Karaoke

A Valentines Karaoke night was held for the adults with disabilities that we support, with hours of ballads being belted out! Our volunteers were the perfect supporters, cheering the singers on and having a dance along! Some of the favourites were; Tom Jones, Celine Dion, Abba & Grease!

## Mini Golf & Dinner

As part of Student Volunteering Week this year, we put on an evening social for the adults with disabilities we support, to enjoy mini-golf and some food in the evening. A group of 2 SVC staff, 2 volunteers and 6 beneficiaries spent the evening with a game at Treetop adventure golf and a tasty TGI Friday's afterwards!

## One-Off Volunteering Events: Student Volunteering Week

## Swap Shop

This year saw our first ever Swap Shop, as part of our environmental aims. A group of fantastic volunteers oversaw the event, supporting attendees to fill their tote bag (purchased on entry) with second hand items. Attendees paid an entrance fee (a donation to SVC), or they were able to bring their own items to donate for a discounted entrance donation. In total we had 205kg of items donated and saved from landfill!

We look forward to holding more in the future!



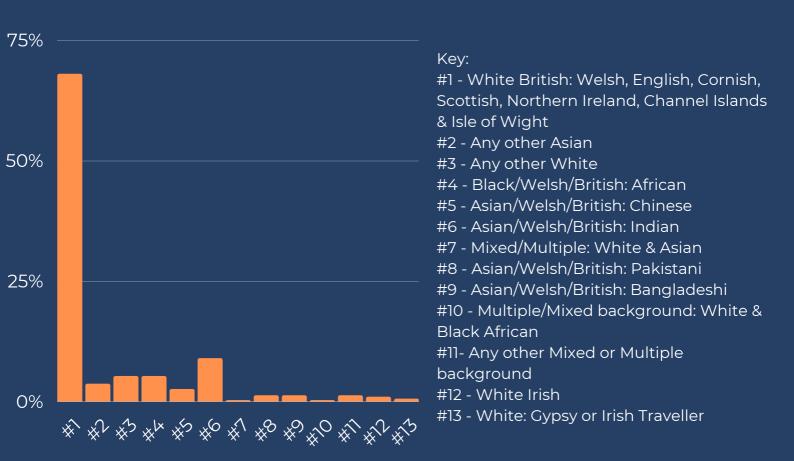
Top Row (Left to Right): Mini Golf, Valentines Karaoke, Shiny Happy People Bottom Row: Dog Walking, Huggard Christmas Party

## Volunteer Demographics

NB: The following demographics represent the information voluntarily provided by SVC's volunteers.

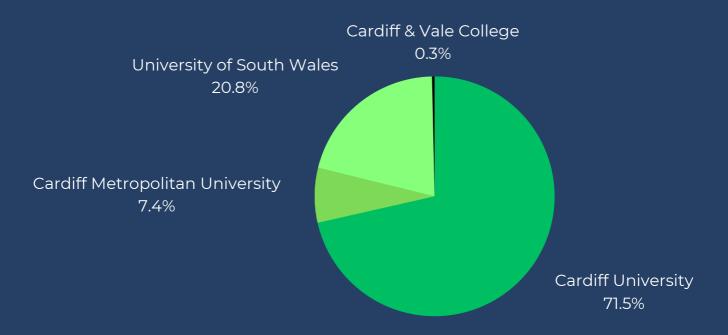
Volunteers who register with SVC are not required to provide equal opportunity information, therefore these demographics many not full represent our current volunteer cohort.

## Ethnicity



## Volunteer Demographics

## University/College

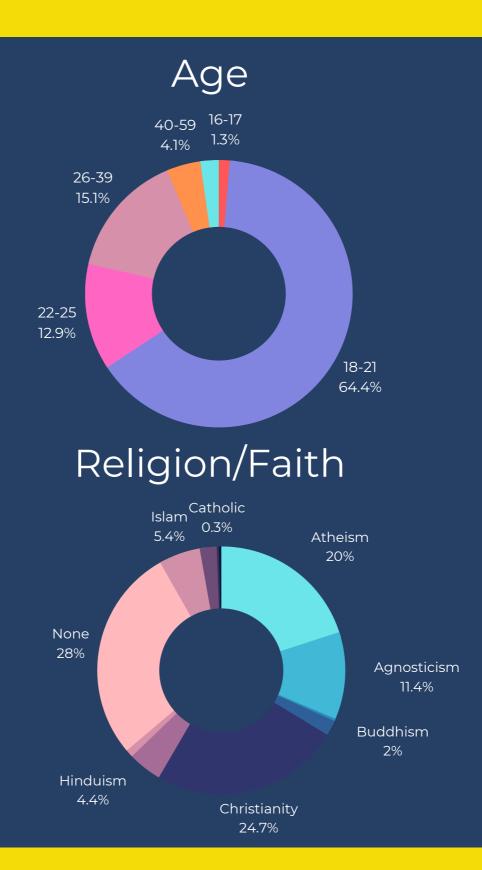


## Gender



81% Female, 18% Male, 1% Non-Binary

## Volunteer Demographics



## Partners & Supporters

BBC Children in Need

Cardiff Council

Cardiff DIGS

Cardiff Metropolitan University

Cardiff Met Student's Union Volunteering

Cardiff Round Table

**Cardiff University** 

Cardiff & Vale University Health Board

Cheshire Community Foundation

Chris Kelly

C3SC - Youth Led Grant

Cardiff Women's Aid

David Solomon's Charity

Digital Communities Wales

Down to Earth

Eliana Keen

**EYST** 

**FOR Cardiff** 

Georgia Collins

Glamorgan Voluntary Services

The Hodge Foundation

The Huggard Centre

Innovate Trust

Investing in Volunteers (IiV)

Izzy Rabey

Keep Wales Tiday

La Selva Youth Office

Llandough Hospital

Mirus

**NUS Wales** 

## Partners & Supporters

Park Road Rehabilitation Unit People's Postcode Trust Race Equality First Rehab 4 Addiction Rhondda Cynon Taf Council Salvation Army Shiny Happy People Skills Development Service (Cardiff University SU) South East Wales Down's Syndrome Support Group South Wales Police Taith - Wales's International Exchange Programme The Hedley Foundation The Prince of Wales's Charitable Fund The Moon University of South Wales WCVA - Volunteering in Wales Grant Welsh Assembly Government Welsh Centre for International Affairs

Welsh Refugee Council

Charity registration number: 1173198

## Skills & Volunteering Cymru (SVC)

Annual Report and Financial Statements

for the Year Ended 31 August 2022

## Contents

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#### Trustees' Report

The trustees present the annual report together with the financial statements of the charity for the year ended 31 August 2022.

#### Objectives and activities

#### **Objects**

The main purpose and objects of the charity are to promote any charitable purpose for the benefit of the community in Cardiff, the Vale of Glamorgan, Rhondda Cynon Taf and Gwent. In particular, the advancement of education, the furtherance of health, and the relief of poverty, distress and sickness.

#### Significant activities

Our main activities include: supporting children and adults with disabilities to access the local community, providing support for people with mental health conditions, supporting young carers, supporting the homeless community, environmental projects, crime prevention and community engagement.

#### Achievement and performance

#### Charitable activities

At the start of the pandemic, we adapted our projects to work effectively online to ensure our beneficiaries, staff and volunteers were kept safe as we continued to support development and combat isolation. These digital projects have reached new members of our community and opened our eyes to the different ways in which we can support beneficiaries and offer new volunteering opportunities. As restrictions have eased over 2021/22 we have begun undertaking more in-person opportunities, but also retained digital and blended opportunities to allow us to support even more beneficiaries through our work.

This year has seen a focus on our digital strategy, ensuring our digital future becomes part of our charitable strategic plan and ensuring our online activities promote inclusion for all. Our development in this area has led to our attainment of the Digital Inclusion Charter Accreditation from Digital Communities Wales, showing we are moving in the right direction to ensure we are digitally inclusive of all members of our community. In addition, we piloted a new Digital Mentors project supporting beneficiaries to grow in digital confidence and have recently welcomed our first Digital Trustee onto our Board.

We continued to develop our scope for Equality, Diversity and Inclusion (EDI). Since the appointment of our EDI forum and EDI staff representative, we have:

- Delivered numerous free training sessions for staff, trustees and volunteers within BSL, Dementia Friends, Stonewall Workshop Introduction to Allyship, How EDI Impacts Us, Race Equality First Workshop Racism, Discrimination and Hate Crime, and RNID Workshop Deaf Awareness Training to name a few!
- Reviewed several of our policies with regards to Anti-racism and LGBT inclusive language, which led to a new Zero Tolerance Policy to Racism and our new EDI Policy.
- Completed diversity surveys, analysing the data we collect and why this is important.
- Achieved a distinction for our work and commitment to equality from the Global Equality Collective.
  - Raised awareness of important issues via national awareness days: our communications team have been working hard to spread awareness through our website and social media. Where possible we have also embedded these days into our project delivery. For example, this summer we held a big picnic in
- Bute park supported by some of our favourite local musicians and many of our beneficiaries this marked a celebration for Making Music Together Day, which landed in the middle of Learning Disability Awareness Week.

#### Trustees' Report

- Continued to produce regular EDI blogs, plus we launched our first accessible newsletter with the support of our amazing Communication Officers.
- Set up our new partnership project with Innovate Trust called "Act Now for Equality", which aimed to make EDI more relatable to all. Working together, staff, volunteers and beneficiaries devised 10 training sessions to raise understanding of EDI.

With the success of the EDI forum, we were inspired to establish an environmental-based committee with a blend of Board and community members. The committee meets monthly to discuss how we as a charity, and members of the community can improve our environmental impact and knowledge. Through this, the Going Green Together project thrived, and in partnership with Innovate Trust.

Together our volunteers undertook numerous green-based activities, from tree-planting to meadow clearing, litter picking and lichen surveys, completing in excess of 1,385 hours of volunteering delivered by 161 volunteers! Importantly this project has enabled people to connect with others and also with nature, after so many restrictions over the last few years. Although this project came to an end in March 2022, our work in this area continued to blossom, and we have welcomed our first Environmental Trustee onto our Board, and developed a new strategy looking at how SVC can improve our sustainability and our environmental footprint – many of these ideas followed on from the training we all attended, Carbon Neutral Britain, delivered by the Centre for Alternative Technology.

We have of course continued developing our current projects, expanding our support. This year we worked on a pilot project called the Communities Together project, with support from Down to Earth and the Welsh Refugee Council. Our aim was to make volunteering more accessible for asylum seekers. We learnt a great deal from this pilot, and look forward to working with the Universities of Sanctuary in our area to support their initiatives with asylum seekers and refugees.

Additionally, we began supporting a new environmental-based project led by our partners at Innovate Trust called Boosting Nature and we were delighted to work with Shiny Happy People on our You've Got a Friend project, delivering music therapeutically to disabled adults. This year they have also launched the Peer Training programme, supporting adults with a disability to learn new skills and deliver volunteer projects for their peers. We began a new partnership with the Salvation Army, which we are developing further in 2022/23. We are also delighted that our partnership with Cardiff & the Vale Health board continues to flourish, and that after 30 months, we will be able to relaunch the NHS Placement Scheme.

We have seen new staff members join our ranks who have done fantastic work over the last year. We welcomed our first Year in Industry placement which was a great success - an opportunity for a student to gain experience of the Third Sector and Health & Social Care. We have continued working on our partnership with South Wales Police and have seen much expansion in initiatives such as our Safety Bus Scheme supporting vulnerable people within the night-time economy. We have also offered support on shared training and inductions to both the Swansea police student volunteer team and our Police partners in RCT.

We also held regular one-off events across the year, to support more volunteers to get involved with their community. These celebrated our Winter Giving Week in December and National Student Volunteering Week in February. We held parties for different groups of disadvantaged beneficiaries, we walked rescue dogs with Cardiff Dog Home, we held collections for food banks, and we supported our local homeless shelter at the Huggard, to name a few!

The Trustees continued to recognise the loss of funding from our partners as one of the main risks to the charity. However, we were delighted that our partnership with Innovate Trust has continued to blossom. In partnership, we launched several new volunteering projects supporting adults with learning disabilities, mental health conditions and/or physical impairments within the local community. We continue to work in partnership to combat feelings of loneliness and isolation for vulnerable beneficiaries.

#### Trustees' Report

SVC continued to develop volunteering opportunities for students from the three local Universities - Cardiff University, Cardiff Metropolitan University and the University of South Wales. Additionally, we expanded our volunteering demographic further by working closer with community volunteers. Our Trustee Board continued to reflect these changes with more community Trustees sitting on the Board than ever before, bringing with them a range of expertise and knowledge, further enriching our Board.

At SVC, we are constantly amazed by the dedication and support of our volunteers and partners. As SVC continues to grow in this new chapter of our history, we remain very confident that SVC's projects truly enhance the lives of many disadvantaged local residents, whilst continuing to build stronger community links.

#### Financial review

#### Financial position

Unspent and available unrestricted funds held at the balance sheet date amounted to £157,288 (2021: £118,885). These funds are supported by funding from SVC's contract with Innovate Trust (£105,527). This funding is viewed as core funding and contributes towards SVC's charitable purposes, salary and project costs. Additionally, SVC undertook additional fundraising events this year which generated an impressive £10,177

Restricted funds at the accounting date amounted to £82,804 (2021: £118,502). These funds are classed as project-specific funding, helping with the everyday costs of specific projects - such as volunteer training and travel costs or different resources for individual projects.

We were very grateful to receive the following funding to support our project delivery this year: £9,975 from the National Lottery Community Funding for our You've Got a Friend Project, plus a further £3,000 for our Young Carers Project. £18,511 from the People's Postcode Lottery allowing us to deliver our Act Now for Equality project, £3,625 from Cardiff University to support their Medicine students gain valuable experience for their future careers. £10,957 from WCVA for our Going Green Together project,

Working in partnership with South Wales Police, we managed to secure several additional funding streams in order to secure the Police Volunteering Project delivery for 2022/23 and increase the amount of work our volunteers undertake in order to make Cardiff and the Vale of Glamorgan safer areas. Project support came from Sparks Cardiff Charitable Causes (£400), Cardiff University (£10,000), and Cardiff Metropolitan University (£5,000), Unite Housing (£5,000).

Additionally, SVC received funding from BBC Children in Need (£9,736) to assist with the project costs of our Be Friends Project, allowing more children and young people with disabilities to undertake leisure activities with their volunteers, whilst providing some respite for their families.

SVC received funding to develop our work in RCT further, this funding was agreed though our continued partnership with RCT Council and Innovate Trust (£52,415). Furthermore, we received a donation of £500 from Making a Locally Ltd, allowing us to support the Grange Garden Developments in Llantwit Major.

SVC additionally received gifts in-kind from Innovate Trust (£6,300) through the use of two vehicles for SVC volunteers and support towards stationery and postage costs.

All funds, other than the general fund, are treated as restricted and are used only for the purpose for which they were given.

The expenditure during the year has enabled the charity to support the vulnerable and disadvantaged children and adults of the local community.

#### Trustees' Report

#### Reserves policy

The Trustees recognise their responsibility to spend the funds received in a reasonable time, but also recognise the need to hold funds in the event of the level of income falling and to operate an exit strategy should the charity need to cease its activities.

#### **Future plans**

In 2022/23, SVC will be launching some volunteering opportunities outside of Wales, funded by Welsh Government Funding through Taith. We look forward to sharing more information over the coming months.

As a charity, we continue to educate ourselves and will build on the training we have already received this year, aiming to make volunteering accessible to all, and make SVC an inclusive community for all.

#### Structure, governance and management

#### **Legal Status**

Skills & Volunteering Cymru (SVC) is a Charitable Incorporated Organisation (CIO) registered with the Charity Commission (Number 1173198) and governed by its constitution.

#### Risk management

The Trustees have recognised the loss of the support from our partners, losing funding for projects and the loss of the organisation's premises to be the main risks facing the charity. To mitigate these risks, the Trustees have devised a Reserves Policy to build up the level of free reserves to cover the charity's overheads.

#### Reference and administrative details

#### **Trustees**

#### TRUSTEES AND THEIR BENEFICIAL INTERESTS

The Trustees Board is a mixture of community members, postgraduates and undergraduates. Most of the Trustees live in South Wales, however several have moved back to their hometowns or countries since the Covid-19 pandemic. The Trustees have no financially beneficial interests in the charity.

The charity is administered by the Board of Trustees, comprising:

Chair	Sophie Smith – Re-Appointed August 2022
	Dr Henry Morris – Resigned April 2020
Vice Chair	Heidi Smith – Appointed August 2022
	Jonathon Jones – Resigned August 2022
Treasurer	Dr Emma Board Davies – Re-appointed August 2022
	Charlotte Fry – Resigned September 2018
Secretary	Kieran Vass – Re-appointed August 2022
	Ewelina Freitag - Resigned April 2018

## Trustees' Report

Divisional Representatives	Jessica Rumble – Re-appointed August 2022
	Karen Harvey-Cooke - Re-appointed August 2022
	Kelly Fenton – Re-appointed August 2022
	Dr Henry Morris – Re-appointed August 2022
	Lucie Mathison – Re-appointed August 2022
	Nina Di Cara – Re-appointed August 2022
	Rhian Fish – Appointed August 2022
	Rosie Rapado – Appointed August 2022
	Grace Piddington – Appointed August 2022
	Emily Carter - Appointed August 2022
	James Galloway - Appointed August 2022
	Georgia Taylor - Appointed August 2022
	Josie Davies - Appointed August 2022
	Arzu Rzayeva – Resigned April 2022
	Morgan Evans – Resigned April 2022
	Elpida Petrovits – Resigned April 2022
Associate Trustees	Lucy John - Re-appointed August 2022
	Gavin Hawkey - Re-appointed August 2022
	Rhian Perridge - Re-appointed August 2022

## **Trustees' Report**

## **Registered Charity number** 1173198 Principal address 1st Floor Office 5-7 Museum Place Cardiff CF10 3BD Independent examiner Andrew Hill FCCA ACA DChA BFP

Severn House

HSJ ACCOUNTANTS LTD

Hazell Drive

Newport

NP10 8FY

#### Banker

Unity Trust Bank

PO Box 7193

Planetary Road

Willenhall

WV1 9DG

#### **Trustees' Report**

#### Statement of Trustees' Responsibilities

The trustees are responsible for preparing the trustees' report and the financial statements in accordance with the United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) and applicable law and regulations.

The law applicable to charities requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the applicable Charities (Accounts and Reports) Regulations, and the provisions of the constitution. The trustees are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The annual report was approved by the trustees of the charity on 1 December 2022 and signed on its behalf by:

Sophie Smith Trustee

mith

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#### Independent Examiner's Report to the trustees of Skills & Volunteering Cymru (SVC)

I report to the trustees on my examination of the accounts of Skills & Volunteering Cymru (SVC) for the year ended 31 August 2022.

#### Responsibilities and basis of report

As the charity trustees of Skills & Volunteering Cymru (SVC) you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Skills & Volunteering Cymru (SVC)'s accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

#### Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1. accounting records were not kept in respect of Skills & Volunteering Cymru (SVC) as required by section 130 of the Act; or
- 2. the accounts do not accord with those records; or
- 3. the accounts do not comply with the accounting requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Mr Andrew Hill FCCA ACA DChA BFP

Severn House Hazell Drive Newport NP10 8FY

2 December 2022

## Statement of Financial Activities for the Year Ended 31 August 2022

	Note	Unrestricted funds £	Restricted funds £	Total 2022 £
Income and Endowments from: Donations and legacies Charitable activities Investment income	5	318 109,152 908	9,859 115,758	10,177 224,910 908
Total income	J	110,378	125,617	235,995
Expenditure on: Raising funds Charitable activities		(32) (106,696)	(127,404)	(32) (234,100)
Total expenditure		(106,728)	(127,404)	(234,132)
Net income/(expenditure) Gross transfers between funds		3,650 33,911	(1,787) (33,911)	1,863
Net movement in funds		37,561	(35,698)	1,863
Reconciliation of funds				
Total funds brought forward		118,885	118,502	237,387
Total funds carried forward	17	156,446	82,804	239,250
	Note	Unrestricted funds	Restricted funds	Total 2021 £
Income and Endowments from: Donations and legacies Charitable activities Other trading activities	Note	funds £ 101,438 1,376	funds £ 15,869 119,022 72	2021 £ 15,869 220,460 1,448
Donations and legacies Charitable activities Other trading activities Total income	Note	funds £ - 101,438	funds ₤ 15,869 119,022	2021 £ 15,869 220,460
Donations and legacies Charitable activities Other trading activities	Note	funds £ 101,438 1,376	funds £ 15,869 119,022 72	2021 £ 15,869 220,460 1,448
Donations and legacies Charitable activities Other trading activities Total income Expenditure on: Raising funds	Note	funds £  - 101,438	15,869 119,022 72 134,963	2021 £ 15,869 220,460 1,448 237,777 (390)
Donations and legacies Charitable activities Other trading activities Total income Expenditure on: Raising funds Charitable activities	Note	funds £  - 101,438 1,376 102,814  (390) (109,515)	15,869 119,022 72 134,963	2021 £ 15,869 220,460 1,448 237,777 (390) (195,611)
Donations and legacies Charitable activities Other trading activities  Total income  Expenditure on: Raising funds Charitable activities  Total expenditure Net (expenditure)/income	Note	funds £  101,438 1,376 102,814  (390) (109,515) (109,905) (7,091)	15,869 119,022 72 134,963 - (86,096) (86,096) 48,867	2021 £ 15,869 220,460 1,448 237,777 (390) (195,611) (196,001)
Donations and legacies Charitable activities Other trading activities Total income Expenditure on: Raising funds Charitable activities Total expenditure Net (expenditure)/income Gross transfers between funds	Note	funds £  101,438 1,376  102,814  (390) (109,515) (109,905) (7,091) (2,843)	15,869 119,022 72 134,963 - (86,096) (86,096) 48,867 2,843	2021 £ 15,869 220,460 1,448 237,777 (390) (195,611) (196,001) 41,776
Donations and legacies Charitable activities Other trading activities Total income Expenditure on: Raising funds Charitable activities Total expenditure Net (expenditure)/income Gross transfers between funds Net movement in funds	Note	funds £  101,438 1,376  102,814  (390) (109,515) (109,905) (7,091) (2,843)	15,869 119,022 72 134,963 - (86,096) (86,096) 48,867 2,843	2021 £ 15,869 220,460 1,448 237,777 (390) (195,611) (196,001) 41,776

All of the charity's activities derive from continuing operations during the above two periods.

#### (Registration number: 1173198) Balance Sheet as at 31 August 2022

	Note	2022 £	2021 £
Fixed assets			
Tangible assets	13	-	248
Current assets			
Debtors	14	11,682	1,682
Cash at bank and in hand	15	262,036	269,924
		273,718	271,606
Creditors: Amounts falling due within one year	16	(34,468)	(34,467)
Net current assets	_	239,250	237,139
Net assets	=	239,250	237,387
Funds of the charity:			
Restricted income funds			
Restricted funds		82,804	118,502
Unrestricted income funds			
Unrestricted funds	_	156,446	118,885
Total funds	17	239,250	237,387

The financial statements on pages 9 to 21 were approved by the trustees, and authorised for issue on 1 December 2022 and signed on their behalf by:

Sophie Smith Trustee

#### Notes to the Financial Statements for the Year Ended 31 August 2022

#### 1 Accounting policies

#### Statement of compliance

The financial statements have been prepared in accordance with the second edition of the Charities Statement of Recommended Practice issued in October 2019, the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and the Charities Act 2011.

#### **Basis** of preparation

Skills & Volunteering Cymru (SVC) meets the definition of a public benefit entity under FRS 102. The accounts (financial statements) have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts.

#### Exemption from preparing a cash flow statement

The charity opted to early adopt Bulletin 1 published on 2 February 2016 and have therefore not included a cash flow statement in these financial statements.

#### Going concern

The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern.

#### **Income and endowments**

Voluntary income including donations, gifts, legacies and grants that provide core funding or are of a general nature is recognised when the charity has entitlement to the income, it is probable that the income will be received and the amount can be measured with sufficient reliability.

#### Donations and legacies

Donations and legacies are recognised on a receivable basis when receipt is probable and the amount can be reliably measured.

#### Grants receivable

Grants are recognised when the charity has an entitlement to the funds and any conditions linked to the grants have been met. Where performance conditions are attached to the grant and are yet to be met, the income is recognised as a liability and included on the balance sheet as deferred income to be released.

#### Deferred income

Deferred income represents amounts received for future periods and is released to incoming resources in the period for which, it has been received. Such income is only deferred when:

- The donor specifies that the grant or donation must only be used in future accounting periods; or
- The donor has imposed conditions which must be met before the charity has unconditional entitlement.

#### Investment income

Dividends are recognised once the dividend has been declared and notification has been received of the dividend due.

#### Notes to the Financial Statements for the Year Ended 31 August 2022

#### Expenditure

All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregate similar costs to that category. Where costs cannot be directly attributed to particular headings they have been allocated on a basis consistent with the use of resources, with central staff costs allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use. Other support costs are allocated based on the spread of staff costs.

#### Raising funds

These are costs incurred in attracting voluntary income, the management of investments and those incurred in trading activities that raise funds.

#### Charitable activities

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

#### **Governance costs**

These include the costs attributable to the charity's compliance with constitutional and statutory requirements, including audit, strategic management and trustees's meetings and reimbursed expenses.

#### **Taxation**

The charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

#### Tangible fixed assets

Individual fixed assets costing £500.00 or more are initially recorded at cost.

#### Depreciation and amortisation

Depreciation is provided on tangible fixed assets so as to write off the cost or valuation, less any estimated residual value, over their expected useful economic life as follows:

#### Asset class

Office equipment

#### Depreciation method and rate

33% straight line

#### Cash and cash equivalents

Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

#### Notes to the Financial Statements for the Year Ended 31 August 2022

#### **Fund structure**

Unrestricted income funds are general funds that are available for use at the trustees's discretion in furtherance of the objectives of the charity.

Restricted income funds are those donated for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

## Notes to the Financial Statements for the Year Ended 31 August 2022

#### 2 Income from donations and legacies

	Unrestricted funds General £	Restricted funds £	Total 2022 £	Total 2021 £
Donations and legacies;				
Donations from individuals	318	123	441	3,835
Grants, including capital grants;				
Grants from other charities		9,736	9,736	12,034
	318	9,859	10,177	15,869
3 Income from charitable activities				
	Unrestricted funds General £	Restricted funds £	Total 2022 £	Total 2021 £
Volunteering & Support Activities	109,152	115,758	224,910	220,460
4 Income from other trading activi	ties			
			Total funds £	Total 2021 £
Trading income;				
Sales of goods and services Events income;			-	72
Other events income			_	1,376
Other events meome				· · · · · · · · · · · · · · · · · · ·
				1,448
5 Investment income				
			Unrestricted funds General £	Total 2022 £
Interest receivable and similar income;				
Interest receivable on bank deposits			908	908

## Notes to the Financial Statements for the Year Ended 31 August 2022

#### 6 Expenditure on raising funds

#### a) Costs of trading activities

		Unrestricted funds General	Total 2022	Total 2021
	Note	£	£	£
Membership subscriptions		-	-	30
Events and conferences		32	32	360
		32	32	390

#### 7 Expenditure on charitable activities

	Note	Unrestricted funds General £	Restricted funds	Total 2022 £	Total 2021 £
Volunteering &					
Support Activities		18,276	49,540	67,816	53,953
Staff costs		87,286	77,864	165,150	140,524
Governance costs		1,134		1,134	1,134
		106,696	127,404	234,100	195,611

#### 8 Analysis of governance and support costs

#### **Governance costs**

	Unrestricted funds General £	Total 2022 £	Total 2021 £
Independent examiner fees			
Examination of the financial statements	1,134	1,134	1,134
	1,134	1,134	1,134

#### Notes to the Financial Statements for the Year Ended 31 August 2022

#### 9 Net incoming/outgoing resources

Net incoming resources for the year include:

	2022 £	2021 £
Operating leases - other assets	13,144	10,082
Depreciation of fixed assets	241_	241

#### 10 Trustees remuneration and expenses

No trustees, nor any persons connected with them, have received any remuneration from the charity during the year.

No trustees have received any reimbursed expenses or any other benefits from the charity during the year.

#### 11 Staff costs

The aggregate payroll costs were as follows:

	2022 £	2021 £
Staff costs during the year were:		
Wages and salaries	165,150	140,524

The monthly average number of persons (including senior management / leadership team) employed by the charity during the year expressed as full time equivalents was as follows:

	2022	2021
	No	No
Project coordinator	4	4
SVC Team Leader	1	1
SVC Manager	1	1
	6	6

No employee received emoluments of more than £60,000 during the year

## Notes to the Financial Statements for the Year Ended 31 August 2022

#### 12 Taxation

The charity is a registered charity and is therefore exempt from taxation.

#### 13 Tangible fixed assets

	Computer equipment £	Total £
Cost		
At 1 September 2021	729	729
At 31 August 2022	729	729
<b>Depreciation</b> At 1 September 2021 Charge for the year	481 248	481 248
At 31 August 2022	729	729
Net book value		
At 31 August 2022	<u>-</u>	<u>-</u>
At 31 August 2021	248	248
14 Debtors		
	2022 £	2021 £
Trade debtors	10,000	-
Other debtors	1,682	1,682
	11,682	1,682
15 Cash and cash equivalents		
	2022 £	2021 £
Cash at bank	161,115	169,911
Short-term deposits	100,921	100,013
	262,036	269,924
16 Creditors: amounts falling due within one year		
- · · · · · · · · · · · · · · · · · · ·	2022 £	2021 £
Accruals	1,135	1,134
Deferred income	33,333	33,333
	34,468	34,467

## Notes to the Financial Statements for the Year Ended 31 August 2022

#### 17 Funds

	Balance at 1 September 2021 £	Incoming resources	Resources expended £	Transfers £	Balance at 31 August 2022 £
<b>Unrestricted funds</b>					
General					
General unrestricted	118,885	110,378	(106,728)	33,910	156,445
Restricted funds					
NHS Placement Scheme	3,759	_	-	-	3,759
YCC	2,343	3,000	(2,684)	-	2,659
Huggard	666	-	(48)	-	618
Police (Cardiff)	32,294	20,523	(23,765)	-	29,052
LOL	3,123	-	(2,802)	-	321
Be Friends	14,285	9,736	(11,704)	-	12,317
Social Club (Cardiff)	4	-	-	-	4
RCT	55,041	52,415	(41,547)	(35,000)	30,909
Karaoke / Meet & Greet	84	-	(63)	-	21
Going Green Together	6,903	10,957	(18,950)	1,090	-
Grange Gardens	-	500	(362)	-	138
Shiny Happy People -					
You've Got a Friend	-	9,975	(8,410)	-	1,565
Exploring Equality - Post		10.511	(17.0(0)		1 440
Code Lottery		18,511	(17,069)		1,442
<b>Total restricted funds</b>	118,502	125,617	(127,404)	(33,910)	82,805
<b>Total funds</b>	237,387	235,995	(234,132)		239,250

## Skills & Volunteering Cymru (SVC) Notes to the Financial Statements for the Year Ended 31 August 2022

	Balance at 1 September 2020 £	Incoming resources	Resources expended £	Transfers £	Balance at 31 August 2021 £
Unrestricted funds					
General General unrestricted	128,819	102,808	(109,765)	(2,977)	118,885
Designated Innovate Projects	-	6	(139)	133	- -
Total unrestricted funds	128,819	102,814	(109,904)	(2,844)	118,885
Restricted					
NHS Placement Scheme	3,977	-	(218)	-	3,759
YCC	1,003	2,449	(1,109)	-	2,343
Covid-19	10,965	500	(14,309)	2,844	-
Huggard	604	250	(188)	-	666
Police (Cardiff)	20,131	44,072	(31,909)	-	32,294
LOL	622	2,898	(397)	-	3,123
Be Friends	9,528	9,772	(5,015)	-	14,285
Social Club (Cardiff)	4	-	_	-	4
RCT	19,804	66,057	(30,820)	-	55,041
Karaoke / Meet & Greet	154	-	(70)	-	84
Going Green Together		8,965	(2,062)		6,903
<b>Total restricted funds</b>	66,792	134,963	(86,097)	2,844	118,502
Total funds	195,611	237,777	(196,001)		237,387

#### Notes to the Financial Statements for the Year Ended 31 August 2022

The specific purposes for which the funds are to be applied are as follows:

#### NHS Placement Scheme

Under this umbrella area our volunteers work across several different locations, including multiple wards at Llandough Hospital, and additionally the new Adult Mental Health unit called Hafen-y-Coed based at this site. Volunteers also assist at the Park Road Rehabilitation Centre.

#### YCC

The volunteers on our Weekenders project organise day trips for children who are 'Young Carers' or the siblings of children with learning disabilities. The aim of the project is to provide a variety of trips and activities for children who may not otherwise get the opportunity to go to places that may be available to their peers.

#### Education

SVC's Education project works in partnership with Greenhill Special School, specifically designed for pupils who have social, emotional or behavioural difficulties. SVC volunteers provide additional classroom support to help to improve the pupils' communication skills. Additionally, we advertise opportunities to support young people from BME backgrounds to excel through local Homework Clubs, this work is delivered by our partners at EYST.

#### Huggard Centre and Salvation Army

Volunteering involves engaging and befriending homeless people by carrying out a variety of different activities from arts and crafts, games nights, quizzes and cooking sessions.

#### The Police Volunteering Project

A partnership project between SVC, South Wales Police, Cardiff University, Cardiff University's Students' Union, Cardiff Metropolitan University, Cardiff Metropolitan Students' Union and the University of South Wales. The project trains student-volunteers to work alongside local community groups and South Wales Police to reduce local crime and increase residents' awareness of Crime Prevention education. The project has grown from strength to strength, with more volunteers and more sponsors each year.

#### LOL Fridays

An activity club run by SVC volunteers for young people with Down's syndrome. The volunteers assist by running a variety of different activities such as arts and crafts, board games, computer games, pool and karaoke. The club also have themed parties and trips out, for example dinner and bowling.

#### Be Friends

The Home and Away project matches children/young people aged 5-18 with two student-volunteers, who then visit the young person regularly throughout the academic year, undertaking activities the home or in the community. The aim of the project is to build the young person's skills, whilst providing some respite for their families.

#### Rhondda Cynon Taff (RCT)

Projects included - a befriending project matching volunteers with an adult with learning and/or physical disabilities to undertake activities within the home or in the Community. We also trained Digital Mentors, SVC volunteers who then support beneficiaries with disabilities to learn more about how to increase their use of their Intelligent Personal Assistants to enhance their independence. Additionally, we developed a Clubbing project for adults with disabilities based in Pontypridd, and a social club based in Talbot Green.

#### Karaoke / Meet & Greet

Funded through the Postcode Lottery, this club provides regular events for adults with disabilities and mental health conditions to meet new people and undertake new activities.

#### Notes to the Financial Statements for the Year Ended 31 August 2022

#### You've Got a Friend

Funded by the National Lottery Community Fund - a partnership project between SVC and Shiny Happy People, bringing joy to numerous beneficiaries through music and dance. These sessions are delivered in a blended way and support beneficiaries from RCT and the surrounding areas plus beneficiaries from across Wales via virtual links. The project combats isolation whilst developing skills therapeutically through music.

#### Exploring Equality: Act Now For Equality

Funded by the People's Postcode Lottery, this project worked with volunteers to co-create a bank of 10 online training sessions and an educational film to further develop awareness, education and understanding of Equality, Diversity and Inclusion in years to come.

Grange Gardens

Funded by Making A Difference Locally Ltd, volunteers, local community members and members of South Wales Police worked collaboratively, clearing debris, weeding, planting and building equipment to rejuvenate a local community garden in Llantwit Major. The community garden initiative aims to deter rogue traders in the area and provide an area for children from the local school to undertake outdoor learning and for community members to utilise the garden and develop skills.

The transfer of funds from the RCT restricted fund to general unrestricted funds represents greed monies set aside for future staff recruitment.

#### 18 Analysis of net assets between funds

	Unrestricted funds General £	Restricted funds	Total funds at 31 August 2022 £
Current assets	190,914	82,804	273,718
Current liabilities	(34,468)		(34,468)
Total net assets	156,446	82,804	239,250
	Unrestricted funds General £	Restricted funds £	Total funds at 31 August 2021
Tangible fixed assets	248	-	248
Current assets	153,104	118,502	271,606
Current liabilities	(34,467)		(34,467)
Total net assets	118,885	118,502	237,387