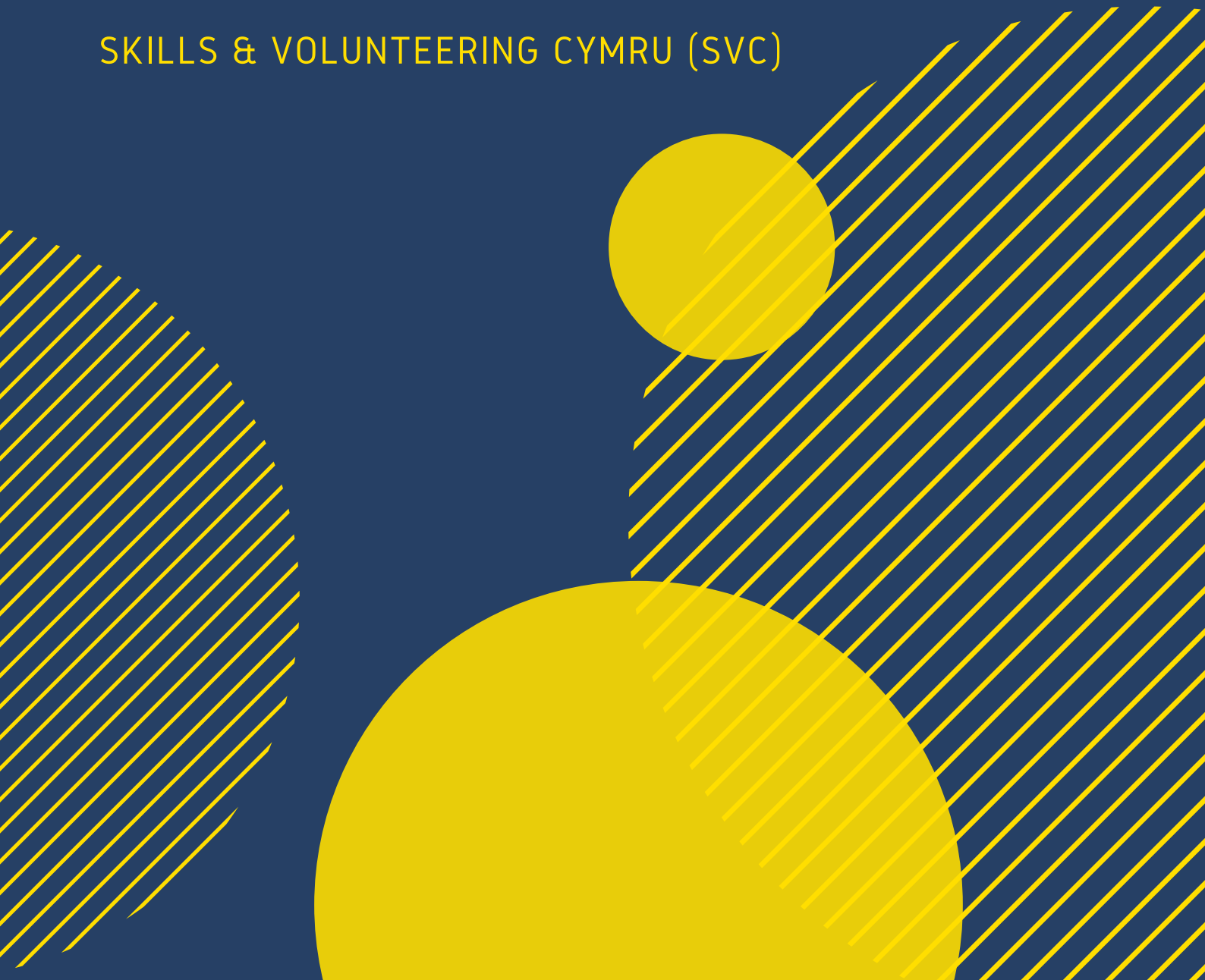




# ANNUAL REPORT 2019/20

SKILLS & VOLUNTEERING CYMRU (SVC)





# CONTENTS

Testimonials 3

Chair Report 4

Vision, Mission & Values 6

2019-20 Team 7

Statistics Overview 8

Project Overviews:  
New Projects 9

Project Overviews – Cardiff:  
Vulnerable Adults 10

Children & Young People 15

Community 19

Project Overviews – Cardiff, Vale of Glamorgan & Gwent:  
NHS Placement Scheme 20

Project Overviews – Rhondda Cynon Taf 23

Partnership Projects 26

What Our Volunteers Say 27

One-off Events:  
Summer Volunteering 28  
Winter Giving Week 29  
Student Volunteering Week 30  
Mirco-Volunteering with the British American Project 32

Fundraising 34

Volunteer Demographics 36

Partners & Supporters 38

Appendix 1: Report of the Trustees and Unaudited Financial Statement 40

# TESTIMONIALS

"It's a nice change from staying at the ward for a long time and seeing a familiar face every week."

- NHS Placement Beneficiary

"It's nice to get to do different things here and get to know you both at the same time."

- NHS Placement Beneficiary

"I like the company and talking to people, I'm a people's person."

- Huggard Centre Client

"I like the positivity you guys bring and your presence is what allows us to participate in various activities."

- Huggard Centre Client

"This year SVC supported our adult and older adult mental health services. We had a positive response from ward staff about having the volunteers and they were able to enhance our patients' experience by giving their time to engage patients with activities, conversation and being a familiar face every week. The volunteer project has made a difference to our patients and service users within mental health services and we look forward to welcoming them back next year."

- Helena Reid, Volunteer Manager, NHS Patient Experience

# CHAIR REPORT

Firstly, I'd like to welcome you to Skills & Volunteering Cymru's Annual Report for the year 2019/2020.



This report comes at a very uncertain and unprecedented time in history. Our Annual General Meeting (AGM) was unfortunately cancelled this year due to the ongoing Covid-19 pandemic. As the traditional model of the services SVC provide have become unsafe and unadvised, the Staff Team have been working tirelessly to develop novel, digital based solutions for the beneficiaries of SVC's many projects. These are mainly utilising video conferencing platforms such as Zoom, and streaming on Facebook and YouTube. The Staff Team have also been in contact with local groups that have been set up to support vulnerable people within the community at this time. Whilst, of course, this will be a difficult time for everyone, the huge numbers of people that have come forward to offer their free time to voluntary services, such as the 750,000 applications made for the NHS England NHS Volunteer Responders Scheme, must be seen as a beacon of hope.

In the 12 months that have passed since our last AGM, SVC has undergone a huge transformation. In fact, this year's AGM was set to be Skills & Volunteering Cymru's inaugural AGM. The decision to change the name of the charity was two-fold. Firstly, Student Volunteering Cardiff no longer represented the charity, as our volunteers now can be students or community members, and we also operate across four different counties in South Wales, not just Cardiff. The name change also coincided with the change of the structure of SVC, from an unincorporated association, to a Charitable Incorporated Organisation. The change of structure means that the Board of Trustees are protected should the unimaginable happen and SVC were to cease operation.

To coincide with the change of name and structure, the Board of Trustees and Staff Team thought it made sense to change when the accounts for the year are commenced. Previously, SVC's financial year began in January. This meant that the charity was out of synchronisation with both the tax year and the academic year. As a result, we have now changed our financial year to coincide with the academic year, starting in September. Thus, the last set of accounts for Student Volunteering Cardiff only run from January to September, and therefore only represent an eight month snapshot of our finances for the year. As a result, comparisons between this year's finances and last year's should be taken with a pinch of salt, as the accounts for 2018 cover the full 12 months. Our wonderful accountant, Andrew Hill, assures us that Student Volunteering Cardiff was in a similar position when the financial year ended in September as it was at the same point in the previous financial year. At next year's AGM, the accounts will have run from September 2019–August 2020 and will therefore provide us with a more comparable set of accounts as have been seen in previous years.

# CHAIR REPORT

As well as the nominal and structural change, the Charity said goodbye to its old location on the top floor of 5-7 Museum Place and made the mammoth move to its new location – the middle floor of 5-7 Museum Place! Whilst geographically the relocation was negligible, I'm sure all of you will agree that the new office has provided the charity a much needed expansion in line with the decision to expand the Staff Team. Back in May, we had to wave goodbye to our previous team leader, Bex, as she started her new job at Tenovus after five years with SVC. However, over the summer, three fantastic, new staff members, Daf, Johnny and Kumba, were employed and, I think you'll all agree, each one of them has settled into their role seamlessly. Bex's departure also left a vacancy in the team leader department, which Emma has inherited fantastically. Eleri has continued her work with the NHS placement schemes, and in true Eleri-style even had some front-line experience of NHS services following her bicycle accident back in October. And of course, Adrienne has continued tirelessly her role at the helm of the SVC ship. I honestly don't know when she finds time to sleep! I'd like to thank all of the staff members, past and present, for their dedication and commitment to the charity, and for enabling SVC to run so smoothly.

This year also saw the appointment of a new patron for SVC in Professor Amanda Coffey. Professor Coffey was formerly a Pro-Vice Chancellor at Cardiff University, and will very shortly be joining her new post as Deputy Vice-Chancellor at the University of the West of England. We're extremely excited to have her on board, and look forward to working with her in the future.

I'd also like to give my thanks to our long-standing Patron, Baroness Finlay of Llandaff for her continued support of the Charity.

I'd like to thank the Board of Trustees for their continued commitment and passion for helping to shape the charity behind the scenes, as well as putting up with me every other Tuesday. I'd like to extend my greatest thank you to our volunteers, who put the hours in, week in and week out, selflessly giving their precious time towards improving the lives of others. Without you, SVC simply couldn't operate and continue to provide the vast array of positive experiences that it has done for nigh-on half a century. This coming year is another big year for SVC as 2021 marks the 50th anniversary of SVC in its various incarnations – from its beginnings as a Charity initially established by a small group of students from Cardiff University in 1971, to the thriving Charity we know and love today – which includes over 480 volunteering opportunities supporting 13,680 beneficiaries.

Finally, I'd just like to say it's been an enormous pleasure being Chair over the past year. Our previous Chair, Nat, left enormous shoes to fill when she departed on her travelling experience but both she, and everyone at the charity, have been so kind in settling me into my new role.

I hope you and your loved ones remain healthy and safe.  
Henry Morris

# VISION, MISSION & VALUES

## Our Vision

We want volunteering to be a part of everyday life in Cardiff and surrounding areas, where all members of our community have the opportunity to 'give a little, gain a lot'.

## Our Mission

Our mission is to enhance the lives of disadvantaged and vulnerable members of the local community through volunteering.

## Our Values

### Accountability

We use our resources effectively by tackling identified needs and issues through our projects. We constantly monitor and evaluate our work and it is paramount to us that we are accountable to volunteers, beneficiaries, supporters and partners.

### Collaboration

We work alongside a number of diverse partners to ensure we deliver the best and most comprehensive services to both our volunteers and beneficiaries.

### Empowerment

Our projects are designed to empower vulnerable and disadvantaged individuals by supporting them to overcome identified barriers. We empower our volunteers by giving them real responsibility and ownership over their projects, enabling them to make lasting change to individual lives and gain valuable transferable skills.

### Equality, Diversity & Inclusion

At SVC we are proud to provide inclusive services by offering opportunities to all, regardless of age, race, gender, disability, culture or religion.

### Passion

We pride ourselves on the spirit of the SVC community – we're passionate about volunteering and the impact it has on people's lives.



# 2019-20 TEAM

**SVC IS RUN BY A DEDICATED TEAM OF FULL TIME STAFF, VOLUNTEERS AND TRUSTEES**

## STAFF & TRUSTEES

Henry Morris – Chairperson  
Sophie Smith – Vice Chairperson  
Emma Board-Davies – Treasurer  
Kieran Vass – Secretary  
Chaselea Turnbull – Communications and Marketing Officer  
Kelly Fenton – Events and Fundraising Officer  
Gavin Hawkey – General Trustee  
Jessica Rumble – General Trustee  
Karen Harvey-Cooke – General Trustee  
Laura Fleetwood – General Trustee  
Nina Di Cara – General Trustee  
Natalie Holmes – Associate Trustee  
Rhian Perridge – Associate Trustee  
Adrienne Earls – SVC Manager  
Emma Dixon – Team Leader  
Dafydd Haine – Project Coordinator  
Eleri Cruchley-Jones – Project Coordinator  
Johnny Ling – Project Coordinator  
Kumba Sillah – Project Coordinator

## LEAD VOLUNTEERS

Sarah Diamond – Club Night (Cardiff)  
Stephen Wood – Drama Club  
Erika Klapatauskaite – Huggard Homeless Centre  
Jonathan Jones – Huggard Homeless Centre  
Ella Downing – Karaoke Club  
Henry Morris – Laugh Out Loud Fridays  
Rosie Elliot – Laugh Out Loud Fridays  
Anjali Ramani – NHS Placement Scheme  
Arzu Rzaeva – NHS Placement Scheme  
Chaselea Turnbull – NHS Placement Scheme  
Sophie Smith – NHS Placement Scheme  
Henry Morris – Social Club (Cardiff)  
Valerie Patreane – Supported Horse Riding  
Henry Morris – Young Carers Club  
Kelly Fenton – Young Carers Club  
Megan Smith – Young Carers Club  
Zoe Northam – Young Carers Club

# STATISTICS OVERVIEW

**481**

VOLUNTEER  
OPPORTUNITIES

**20,000**

HOURS

**13,680**

BENEFICIARIES

**30**

PROJECTS



1,776 LIKES



1,331 FOLLOWERS



**251,200**

ESTIMATED  
VOLUNTEER VALUE



**3336**

GENERATED FROM  
FUNDRAISING





# NEW PROJECTS

### Karaoke Club

Last November (2019), we set up a new project called Karaoke Club. This is a fortnightly group for adults with learning and/or physical disabilities to have a sing song, make friends and have a fun time. So far we have had steady numbers, and everybody has been great at getting involved and having a go at singing. The volunteers have been great at encouraging everyone to get up and have a go and will also get involved and have a sing themselves! – Kumba Sillah (Project Coordinator)

### Tea & Company

We set Tea & Company up in Barry to provide more activities in the Vale of Glamorgan for our Innovate Trust beneficiaries. Tea & Company was set up as an afternoon tea themed project for older adults with disabilities living in the Barry area. The aim of the club was to combat feelings of loneliness in older adults with disabilities, who may be more prone to feeling isolated. The session usually consists of a piece of cake and a chat, as well as bingo or colouring. Since the club has started we have had good attendance and we've had great feedback from our beneficiaries. – Kumba Sillah (Project Coordinator)



Left: Tea & Company  
Right: Karaoke Club (Cardiff)

# VULNERABLE ADULTS

### Befriending

Volunteers are matched with an adult with disabilities and/or mental health conditions based on shared interests. The individuals volunteers have been befriending reside in supported living accommodation. Supported living is a concept that was developed to ensure that people with learning disabilities, physical disabilities and/or mental health conditions own or rent their home and have control over the support they get, who they live with and how they live their lives. Volunteers and beneficiaries meet up weekly to carry out planned activities. This year volunteers have undertaken lots of fun activities including dog walking, baking, cinema trips, bowling, eating out, shopping and exploring new places. The aim of this project is to offer social and emotional enrichment to beneficiaries through a range of stimulating activities. In addition, volunteers provide compassionate support and amity and help relieve feelings of boredom, loneliness and isolation. Through engagement, the beneficiaries develop their social skills, gain confidence and achieve personal goals. This project is invaluable to beneficiaries as befriending improves perceptions of well-being, reduces stress and increases self-esteem and empowerment. Seeing the progress beneficiaries make is always a very rewarding experience for volunteers! – Eleri Cruchley-Jones (Project Coordinator)

### Supported Horse Riding

This year we have seen up to 8 beneficiaries with disabilities taking part in a 30 minute Horse Riding session led by our volunteers. Cardiff Riding School is located in Pontcanna and offers a great opportunity for the beneficiaries to meet new people and socialise with volunteers, whilst also being outdoors and learning new skills. Volunteers lead the horse during the ride and socialise with the beneficiaries, making sure they feel comfortable and enabling them to get the most out of the session. – Kumba Sillah (Project Coordinator)

# VULNERABLE ADULTS

### Huggard Homeless Centre Project

This project involves a group of volunteers visiting the Huggard Centre for two hours a week to socialise with beneficiaries, engaging them in a range of activities. This year, as the weeks progressed, volunteers have built stronger relationships with beneficiaries resulting in increased engagement from the clients. The number of volunteers has grown together with their confidence in interacting with the beneficiaries, allowing us to spread the activities over two days a week. We have run sessions with activities including arts and crafts, bingo and quiz nights. On the last Thursday of every month we do karaoke, which is an all-time favourite, as well as seasonal-themed sessions, such as the Christmas party, where people had a chance to sing and dance along to a brass band; making Christmas/Valentine's Day cards, and a Christmas movie marathon on Boxing Day.

At the Huggard, people are especially fans of food, and so we regularly got them involved in baking and cooking, including making pancakes on Pancake Day and decorating their own Christmas pizzas! We are especially proud of having been able to work with the centre to help people who are homeless and sleeping rough in Cardiff with no fixed address to register to vote, successfully registering 26 people and providing laptops and online tools for research purposes. The project brings volunteers and the beneficiaries together for an afternoon of relaxation and fun in a friendly environment. It has been greatly beneficial to reduce stress and to practice various skills for both volunteers and vulnerable adults. – Erika Klapatauskaite and Jonathan Jones (Lead Volunteers)

# VULNERABLE ADULTS

## Headway

Headway is a brain injury association where a variety of opportunities are available for volunteers to support individuals with acquired brain injuries. Volunteers assist in helping individuals develop skills and confidence. They also support staff in providing a variety of inputs from skills development sessions to socialising opportunities. Volunteers work in pairs to help provide vital support for staff and for those with an acquired brain injury.

– Eleri Cruchley-Jones (Project Coordinator)



Top left & right: Befriending (Cardiff).  
Bottom left & right: Huggard Homeless Centre Project

## Project Overviews – Cardiff

# VULNERABLE ADULTS

### Club Night

Club Night is a monthly event that is held at the Moon Club on Womanby Street in Cardiff city centre. It's a really nice venue to welcome individuals with disabilities and mental health conditions, providing them with a clubbing experience they might otherwise not be able to experience. Every month we have some regular guests, and some new faces too! This year we started trying some themed nights, for example a Christmas themed night, and there are plans to theme them according to music genres too. We hope to encourage more people to attend. – Sarah Diamond (Lead Volunteer)

### Social Club

Social Club runs fortnightly on a Wednesday afternoon at Cathays Methodist Church. It's a chance for beneficiaries to socialise with volunteers and other beneficiaries as well as do some arts and crafts, and play on the Nintendo Wii. In 2020 we decided to make the sessions themed with ideas including; Pancake Day, St David's Day, and a dance session. – Kumba Sillah (Project Coordinator)

### Drama Club

Drama Club is a fortnightly project for adults with disabilities to practice their acting skills, have fun and make new friends. Beneficiaries played different games and acted out scenarios, led by our fantastic Lead Volunteer. Sadly, 2019 was Drama Club's last year and we aim to introduce a new and exciting project to take its place in 2020. – Kumba Sillah (Project Coordinator)

### Fantastic 4 Party Planners

Fantastic 4 Party Planners hosted parties for adults with disabilities and/or mental health conditions, including a Halloween Disco, Christmas Ball, and Valentine's Party. The parties took place across Cardiff, The Vale of Glamorgan & Rhondda Cynon Taf. Volunteers helped to organise, set-up, and run the parties, with the sell-out Christmas Ball a particular highlight in the calendar! – Kumba Sillah & Dafydd Haine (Project Coordinators)



# VULNERABLE ADULTS



Fantastic 4 Party Planners – Valentine's Party

# CHILDREN & YOUNG PEOPLE

### Be Friends

Be Friends (previously 'Home and Away') is a befriending project where volunteers work in pairs to support children and young people with a variety of physical and/or learning disabilities. The volunteers support their young people through weekly sessions with them, either in their home, or out and about in Cardiff doing various activities. The project aims to help the young people develop social skills, increase independence and gain access to various fun activities, as well as providing valuable respite for the families. As a result of our continuing relationship with Cardiff University's School of Medicine and Cardiff Metropolitan University's Psychology Department we have been able to provide placement opportunities for large numbers of students. This, combined with sizeable numbers of general volunteers has meant that we have been able to pair all of our regular children/young people, as well as welcoming ten new referrals to the project. This year our volunteers have taken the children/young people on a range of different trips, such as to Jump, Infinity, Amelia Trust Farm, going bowling and going to the cinema amongst many others. Be Friends has been highly successful this year and it has been great to see the children/young people enjoying the project so much. – Johnny Ling (Project Coordinator)



# CHILDREN & YOUNG PEOPLE

### Young Carer's Club

Young Carer's Club Teens (formerly Weekenders Teens) have had another successful year providing away days for young carers aged between 12 and 18 from Cardiff and the surrounding areas. The trips this year were Laser Tag and an escape room, bouldering and mini-golfing and a joint trip super-tubing and to the cinema with Young Carer's Club Kids. The trips provide the young carers with a day of respite and an opportunity to be treated, with all trips including lunch. This year's beneficiaries included some familiar faces, some beneficiaries who had moved up from the Young Carers Club Kids group as well as some delightful new referrals. We were greatly looking forward to taking the teens to Thorpe Park for our final trip of the year, but this has unfortunately had to be cancelled due to the ongoing pandemic. – Henry Morris (Teens Lead Volunteer)

The Young Carer's Club Kids (formerly Weekenders Kids) have had some very exciting trips this year, enjoyed by both beneficiaries and volunteers. Lots of fun was had at Bristol Zoo watching the gorillas and attending the educational penguin talk. However, the highlight of the day was racing through the turtle maze to see who could make it out first! The second trip at Christmas was to the pantomime to see Cinderella. This was enjoyed by all with the kids choosing their favourite ice cream flavours during the interval. The third trip to Jump allowed the kids to let their imaginations run wild in the soft play area, filled with tunnels and slides. The fourth trip to Supertubing in Ebbw Vale was joint with the teens, with the morning spent speeding down the slopes in tubes before heading to the cinema. Our final trip was meant to be spent at Weston-Super-Mare pier, but this was unfortunately cancelled due to the ongoing pandemic. This year we were able to provide lots of activities and many memorable trips. The beneficiaries often have a lot of responsibilities at home and these trips provide much needed "me time" for them. They make friends who have a similar home situation to them and have lots of fun. Many are already giving us ideas for activities and places they would like to visit next year. – Kelly Fenton (Kids Lead Volunteer)



# CHILDREN & YOUNG PEOPLE

## Confident Futures

Run in partnership with Cardiff University's Widening Access Team, Confident Futures is a mentoring scheme designed to encourage young people aged 14-19 who are in care to develop their skills and encourage them to access Higher Education. This year our volunteers have been meeting once a fortnight to support workshops which cover all aspects of student life. These workshops have focussed on; accommodation, applying to university through UCAS, guidance on how to write a personal statement and guidance on societies or groups to join when at university. – Johnny Ling (Project Coordinator)

## Discovery

Run in partnership with Cardiff University's Widening Access Team, Discovery is a mentoring scheme similar to Confident Futures. Discovery is designed to support and encourage young people aged 14-19 with Autistic Spectrum Disorder (ASD) to develop their skills and encourage them to access Higher Education. This year our volunteers have been meeting once a fortnight to support individuals with ASD whilst attending workshops covering all aspects of student life. – Johnny Ling (Project Coordinator)

## English Enhancement Project

Run in partnership with the Cardiff University's Widening Access Team, the English Enhancement Project is an English after-school homework club. This year volunteers have been supporting KS3 pupils with their English studies with the aim of encouraging and inspiring pupils to engage with their studies and celebrating their successes. – Johnny Ling (Project Coordinator)

# CHILDREN & YOUNG PEOPLE

### EYST

SVC has worked in partnership with EYST (Ethnic Minorities & Youth Support Team) to provide additional academic support to BME children. This year, volunteers have tutored children and young people in Grangetown and Riverside. This has hugely benefitted the children and young people involved, as volunteers have been able to offer both academic and English language support in the subject areas and topics that they struggle most with. Likewise, this has also helped bring different communities together, which in turn helps challenge and counter negative stereotypes and improve community cohesion. – Johnny Ling (Project Coordinator)

### Laugh Out Loud Fridays

Laugh Out Loud (LOL) Fridays is a fun social club for young adults with Downs Syndrome, which was setup with the Down's Syndrome Association eight years ago. This year we continued to have themed sessions for the fortnightly activities. This included a Sing and Sign session, a movie night, a dance lesson taught by the Cardiff University's Dancesport Club, and a Valentine's Day party. We had a core group of wonderful volunteers who organised the activities and made sure everybody had fun. – Kumba Sillah (Project Coordinator)



LOL Fridays

## Project Overviews – Cardiff

# COMMUNITY

### Police Volunteering Scheme

This year we have had 95 volunteers actively assist South Wales Police to carry out various initiatives, aiming to promote a safer environment and support community engagement across Cardiff. This year has seen an increase in the number of Safety Bus & Street Scheme shifts each week, with volunteers providing support to vulnerable individuals in Cardiff's Night Time Economy on Wednesday, Friday and Saturday nights. Additionally, the Crime Prevention walkabouts have continued to successfully provide crime prevention advice directly to residents of Cathays, with an increase in the number of properties visited. This year has also seen an increase in in house opportunities with South Wales Police, with volunteers supporting with opportunities such as; Weapons sweeps, Station open days, property clearing in police stations, and supporting with South Wales Police Thank You Events. Volunteers have additionally worked in partnership with Cardiff Council's Taxi Licensing team, supporting with test purchasing, enabling Cardiff Council to identify 'rogue' taxi drivers more efficiently.

This year has seen the project continue to grow and develop and we look forward to developing it further in the coming year! – Emma Dixon (Team Leader)

Clockwise from Right:  
Crime Prevention  
Walkabouts, Safety  
Bus & Street Scheme,  
Weapons Sweep



## Project Overviews – Cardiff, Vale of Glamorgan & Gwent

# NHS PLACEMENT SCHEME

The NHS Placement Scheme is a valuable opportunity for student and community volunteers to befriend and facilitate activities for adults with mental health related conditions in clinical and residential settings across Cardiff, the Vale of Glamorgan and Gwent. SVC offer placements across 15 local NHS mental health wards, including experience within acute mental health, dementia and older people, rehabilitation and recovery and assessment, care and treatment.

### Hafan y Coed

The Hafan y Coed project runs on Tuesday and Thursday afternoons in Llandough Hospital. Volunteers arrive in pairs or groups of three on six different mental health wards. The aim of the project is to brighten up patient experiences in hospital by offering a form of escapism through friendship and interactive activities such as crafts, playing cards and games. Each ward is different and unique, providing interesting experiences for the volunteers, as well as being able to develop key skills like communication, organisation and empathy. Through participation, volunteers can build relationships with patients over time and tailor activities according to requests. This project is an excellent way of getting first-hand experience in the NHS, and empathising with patients who may be undergoing a difficult or lonely time in their lives. Hence, this project is extremely rewarding and adds value to both volunteers and patients. – Anjali Ramani (Lead Volunteer)

## Project Overviews – Cardiff, Vale of Glamorgan & Gwent

# NHS PLACEMENT SCHEME

### Llandough Hospital

The Llandough Hospital project works in collaboration with SVC volunteers to support, befriend and engage with a range of different patients on dementia and mental health wards. Every week, volunteers travel together to Llandough Hospital and visit the wards in pairs. The main role of volunteers is to befriend the patients and provide weekly conversation and companionship while also providing stimulating activities/games such as biscuit decorating, dominoes, crossword, and painting. As volunteers are assigned to the same wards each week, and so are able to see the same patients, genuine relationships are built. Many times, the patients have come to expect and look forward to the volunteers, and vice versa. It has been incredibly rewarding to see the difference a couple of hours each week can make with the patients. The project is an incredibly valuable and worthwhile experience for both the patients and the volunteers. As a whole team we are all trying to do our best and spend a great time with all patients. – Arzu Rzayeva (Lead Volunteer)

### Park Road

Park Road is a mental health rehabilitation centre which focuses on encouraging independent living and building the confidence of their patients. We, as student volunteers, host different activities twice a week to try and encourage the patients to learn new skills and get chatting to each other. In our first term, we focused on cooking and baking different meals from cakes and brownies to samosas and fajitas! It's been an absolute success on the ward with patients suggesting different recipes for the next sessions and it's become so popular we need to use two kitchens! In the second term, we continued building patient confidence with cooking and designed and made personalised cookbooks for patients to keep. As volunteers, we aim to build a rapport with the patients to the point where they confidently discuss their week, what they've been up to and their future aims and wishes. It's been an absolute pleasure to volunteer on Park Road this year! – Sophie Smith (Lead Volunteer)

## Project Overviews – Cardiff, Vale of Glamorgan & Gwent

# NHS PLACEMENT SCHEME

### Adferiad Unit

The Adferiad Unit is a 22-bed unit which specialises in the assessment, care and treatment of people experiencing a variety of mental health problems. Volunteers support the Occupational Therapy team in facilitating activities out of hours. As a result, volunteers have organised and carried out a variety of activities, providing the beneficiaries at the hospital with companionship and stimulation, and allowing the hospital staff to carry out their everyday tasks. Both volunteers and beneficiaries have enjoyed the project and taken many positive experiences from it. Some of the most popular activities have included bingo and games nights, pool, arts and crafts and karaoke nights. Volunteers have built a great rapport with the beneficiaries and staff at Adferiad. Beneficiaries have demonstrated the same level of enthusiasm, and express that they look forward to the volunteers visiting, as it "brightens up" their week. – Eleri Cruchley-Jones (Project Coordinator)



Clockwise from top left: Christmas Card making at Hafan y Coed, Samosa Making at Park Road, Cake decorating at Park Road, and Bracelet making at Hafan y Coed



# PROJECT OVERVIEWS - RHONDDA CYNON TAF

We've had another fantastic year settling in to the Rhondda Cynon Taf (RCT) community, after we began developing projects there in 2018/19. We've continued to build strong links with our partners, including RCT Council, the University of South Wales, South Wales Police, and Innovate Trust, and have been working on opening up our volunteering opportunities to community members as well as students. Many of the original projects have become firm favourites, and – thanks to the enthusiasm of the individuals we support – there's been a chance to try out some new ideas as well!

## Social Club

This social group for adults with disabilities and/or mental health conditions runs every Thursday evening in Talbot Green, and has proved popular with both regulars and new attendees. Alongside board games and the Nintendo Wii, this year we've enjoyed a wide range of arts and crafts, including card-making, jewellery sets, sand art, woodcraft, Christmas decorations, garden crafts, painting and more. And don't forget the biscuits...  
– Dafydd Haine (Project Coordinator)



Social Club

# PROJECT OVERVIEWS - RHONDDA CYNON TAF

## Befriending

Befriending matches volunteers and adults with disabilities and/or mental health conditions on a one-to-one basis, allowing them to build up a relationship over regular weekly sessions. This year our volunteers spent time helping those they support in both fun and practical ways, including cooking, baking, beauty sessions, puzzles and shopping in the local community. – Dafydd Haine (Project Coordinator)

## Karaoke Club

A new project for this year, Karaoke Club was created by popular demand! Following on from the debut of Karaoke Club in Cardiff back in the autumn, and feedback from the individuals we support in RCT, it was decided to try out a new evening activity at favourite local spot Llanharry Workingmen's Club. The first event in February was a big success, with over 20 vulnerable adults coming down for a song and dance, and requests for it to become a regular session in the future. – Dafydd Haine (Project Coordinator)



Karaoke Club



# PROJECT OVERVIEWS - RHONDDA CYNON TAF

## Digital Mentors

The Digital Mentors project began with volunteers visiting the houses of adults with disabilities and/or mental health conditions, to help them learn how to use voice-activated technology such as Amazon's Alexa smart speakers. Technologies such as these are a fun and new way for the people we support to get in touch with each other, and can give them more independence in their homes and day-to-day lives. This year, the project has also been assisting our partner Innovate Trust with the roll-out of a new social media app named Insight, where users can chat, sign-up to activities, share photos, and more!

- Dafydd Haine (Project Coordinator)

## Police Volunteering Scheme

Now in its second year, the Police Volunteering Scheme continues to be one of our most popular projects, with 23 new recruits joining the fantastic team of volunteers. Student and community volunteers have been supporting South Wales Police in a variety of roles, including public events, training sessions, cyber-crime awareness, offender management, translation work and data digitisation. - Dafydd Haine (Project Coordinator)



Police Volunteering Scheme training

# PARTNERSHIP PROJECTS

We also work with several organisations to assist with their volunteer recruitment, these include:

- Bluebirds Ability  
<https://www.cardiffcityfcfoundation.org.uk/pages/category/bluebirds-ability>
- Bobath  
<https://www.bobath.org.uk>
- Environmental Champions  
<https://www.cardiffdigs.co.uk/recycling-waste/lovewhenyouleave/volunteer-with-us/>
- Field Days Organic  
<https://www.innovate-trust.org.uk/our-work/field-days-organic>
- Greenhill School, Rhiwbina  
<https://greenhillschool.co.uk>
- South Wales Fire & Rescue Service  
<https://www.southwales-fire.gov.uk/working-with-us/volunteer-scheme/>
- Ty Hafan  
<https://www.tyhafan.org/volunteer/>

# WHAT OUR VOLUNTEERS SAY...

"Volunteering on the YCC has been really fun this year, I think I might enjoy the activities as much as the teens!"

- Zoë, Young Carer's Club Lead Volunteer

"The project has been even better than expected. I have a lot of fun, as well as gaining important experience and qualities. I also think it's very rewarding, knowing I am having a positive impact on people's lives."

- Caitlin, BeFriends Volunteer

"I like knowing that my time is being used for a good cause, and that I bring joy to those I'm supporting. I support an amazing individual in their day to day activities. Together, we play games, listen to music, cook and do beading."

- Befriending (Cardiff) Volunteer

"It has been a very rewarding experience and I would do it again in a heartbeat."

- Jack, BeFriends Volunteer

"I've really enjoyed volunteering on the YCC project this year. I've loved going on the trips and seeing all the children enjoy themselves during what might be one of the most stress- and event-free days in their month."

- Issy, Young Carer's Club Volunteer

## One-off Events

# SUMMER VOLUNTEERING

### Befriending

We always strive to offer volunteering opportunities all year round, therefore our Adult Befriending project also runs throughout the summer months. Due to the nicer weather, volunteers are able to expand the activities they undertake across the summer months. For example, volunteers accompanied beneficiaries on trips to the beach, walks in the park and some enjoyed a delicious picnic!

### Surfing

Over summer, we supported Innovate Trust to run trips to Rest Bay in Porthcawl, to provide surfing lessons for vulnerable adults. We would arrive at Porthcawl, change into our wetsuits and follow guidance from the instructor. We then headed into the sea to catch some surf, working in pairs to support each other getting on and off the board. We celebrated the end of the surfing classes with a big barbecue on the beach.

### Sailing

We supported Innovate Trust to provide sailing lessons for adults with disabilities and/or mental health conditions. Volunteers would support the adults into the boats and support them throughout the activity. It was a great activity for all, and made the most of the amazing weather!

### Big Lunch

We worked in partnership with First Choice Housing, Innovate Trust and two other housing providers to provide the 'Big Lunch'. The event aimed to create a social opportunity for the disabled adults we support, but also to bring together the local community and break down social barriers. Unfortunately this year ended up being a rainy event, so instead of holding it outside, we had to hold it inside Splott Hub, but that didn't impact the fun had by everyone! Activities included crafts, a 'smoothie bike', face painting and many more!

## One-off Events

# WINTER GIVING WEEK

Winter Giving Week is our annual series of one-off events in early December. This is a great opportunity for new volunteers to get involved and try something different, and give back to the community as we head towards the Christmas break.

### Golden Oldies Cake & Bingo Morning

Winter Giving Week 2019 began with a Cake & Bingo morning for the elderly, which we hosted at a community care home in Talbot Green, Rhondda Cynon Taf. As usual, the event went down a treat, and the volunteers and residents had a great time swapping stories and enjoying a few rounds of bingo!

### Crafts & Cake at Ronald McDonald House

This year we were kindly invited back to Ronald McDonald House at the Heath, which provides support to the families of children who are unwell in hospital. SVC staff and volunteers ran an afternoon of games and refreshments, with the 'decorate-your-own' gingerbread men proving particularly popular with the younger guests!

### Christmas Ball

Our Fantastic 4 Party Planners project held their Christmas Ball at Barry Memorial Hall for adults with disabilities and/or mental health conditions, with a sell-out attendance of 200 guests! Guests travelled from the Vale of Glamorgan, Cardiff and RCT to come and enjoy an evening of dancing and celebrating together, with a buffet, raffle, DJ, and photo-booth.

### Huggard Homeless Centre Christmas Party

We returned to the Huggard Homeless Centre in Cardiff for our annual Christmas Party, with both regular volunteers from the project and new faces coming along to share an afternoon of festive celebrations with the guests. We had a buffet and raffle, and the City of Cardiff Concert Band kindly joined us for a few renditions of the Christmas classics!

### Innovate Trust Christmas Fair

To close the week, SVC volunteers went along to support the 'Elf Committee' at our sister charity Innovate Trust, by helping set up their Christmas Fair. With crafts, a raffle, face-painting and Santa's Grotto, this community event was the perfect send off for the week of festivities!

## One-off Events

# STUDENT VOLUNTEERING WEEK

Student Volunteering Week is a national event that encourages students to participate in one-off volunteering events.

### Macramé Plant Hanger Workshop

We held a drop in session in partnership with Cardiff Council's Environmental Champions. This was an opportunity for attendees to get creative and make macramé plant hangers using upcycled material and take home a plant donated from Bute Park Nurseries, to help encourage people to make their homes greener.

### Fantastic 4 Valentine's Party

Every year, we throw a Valentine's Day party for adults with disabilities and/or mental health conditions from Innovate Trust. Our amazing volunteers helped us set up and decorate the venue which was held at Cardiff Met's Zen bar. We had a buffet, live DJ, a 'love tent' – which was filled with cupcakes, card making, and a photo booth.

### Music Without Borders

We held an afternoon of music and food for asylum seekers and refugees at the Trinity Centre in Cardiff. People got to play their own music of choice through the speaker system in the Centre and socialise. Around 50-60 people came to the event and everyone seemed to enjoy themselves.

### Cardiff Women's Aid Clean-Up

A fantastic group of volunteers helped clear and tidy up a plot of land behind the Cardiff Women's Aid (CWA) Centre, which will be used in the future to create a garden for the beneficiaries at CWA. As well as tidying the garden, the volunteers also helped tidy the kitchen, donations room and the counselling room.

### Bobath Warehouse

We had 12 volunteers go to the Bobath warehouse for a morning to sort through donations. The volunteers learnt a little about Bobath as a charity, and were then split into teams to help discard the unusable donations, and construct furniture that was going to be sold. Overall, there was a great atmosphere and the students really enjoyed the day.



## One-off Events



Top Down: Cardiff Women's Aid Clean Up, Golden Oldies Cake & Bingo Morning, Christmas Ball

One-off Events

# MICRO VOLUNTEERING WITH THE BRITISH- AMERICAN PROJECT

On Saturday 9th November, SVC welcomed three groups of volunteers from the British-American Project (BAP) to partake in some micro-volunteering opportunities across Cardiff.

BAP is a transatlantic network of over 1,200 pioneers and opinion-formers, from journalists to scientists, musicians to politicians, CEOs, artists, actors, and activists, among countless other diverse professions. Each year, 20 - 24 individuals from both America and Great Britain are personally selected to join the Fellowship, for their unique point of view and potential to change the world.

BAP was established in 1985 to help maintain and enrich the long-standing relationship between Britain and the United States. It operates on a not-for-profit basis, funded through its membership and with support from corporate partners. The highlight of the BAP annual calendar is a four-day conference, hosted alternately in a US and UK city. This year, the annual conference was held in Cardiff. Wales was the first Fair Trade Nation and the first nation in the world to legislate for the UN's Sustainable Development Goals.

During the conference delegates were given the chance to take part in community engagement activities, which is where SVC were able to step in.

SVC were asked to organise opportunities for the BAP delegates that would leave a positive footprint on the Cardiff community.



## One-off Events

# MICRO VOLUNTEERING WITH THE BRITISH-AMERICAN PROJECT

SVC provided the following opportunities for the BAP delegates:

- A visit and bingo session at the Huggard Centre
- Support at Bobath Warehouse organising donations
- Craft-making at Mackintosh Community Garden

Barbara Stephenson (President of the American Foreign Service Association) said:

"Of all the visits I've made as a member of the project I can't remember a warmer, more exuberant and heartfelt welcome". She continued by saying: "It's been so fun, and it's such a good idea that we shouldn't just be a cruise that comes and goes, but that we should leave a mark and help the community. It's gratifying to have been a part of it".

Newcomer to BAP and first-time visitor to Cardiff Sophie Brendel (Head of Audiences, Victoria & Albert Museum) said:

"The visit to the Huggard has made me think about how to make the museum more open, and accessible, to the broader community. It has made me think about undertaking some volunteering in my own time".



From Left to Right: Bobath Warehouse, Huggard Centre, Mackintosh Community Garden

## One-off Events

# FUNDRAISING

### SVC's Final Duck Race

SVC's last Duck Race was held in May 2019 in Cardiff's beautiful Bute Park. This was the last time we would watch our re-used, sponsored, plastic ducks sail down the River Taff. The event was our largest yet, with over 600 ducks fighting to float into first place – however there were also prizes for the best duckorated too! The event raised over £900, which will help SVC to support more disadvantaged groups across South Wales.

Although a fun family event, SVC received some environmental concerns regarding the event and have therefore decided to cease running the event. Watch this space for upcoming fundraising events – there are some new and unique ideas in the pipeline!



SVC Staff, Board of Trustees & Stevie, the SVC mascot, at the Duck Race

## One-off Events

# FUNDRAISING

### Cardiff Half Marathon 2019

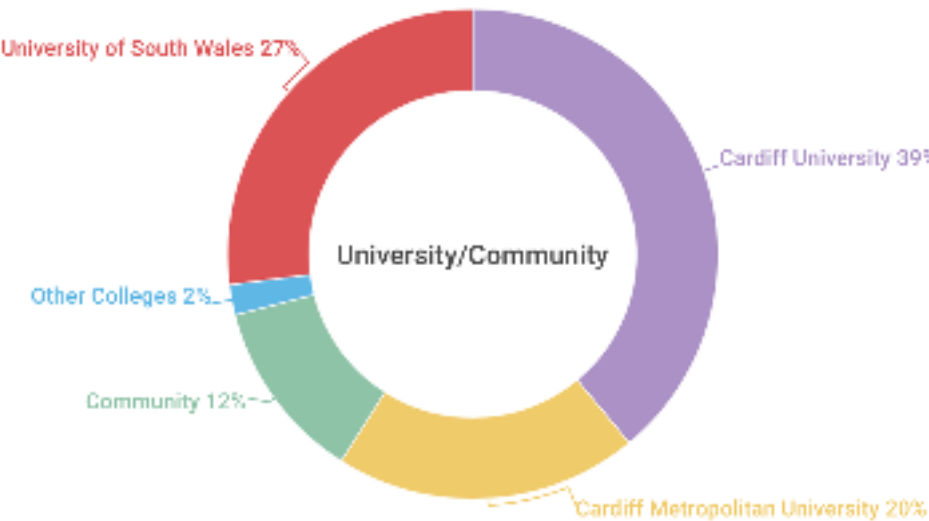
In October 2019, five awesome SVC volunteers took on the challenge of the Cardiff Half Marathon, in order to raise funds for SVC's projects. The runners absolutely smashed it, with several personal bests being delivered on the day! Additionally, the runners collectively raised more than £1,000! What a gallant effort! A massive thank you to Chase, Chris, Emma, Joe and Liz!

### SVC Quiz Night, February 2020

Through the hard-work and dedication of two of our wonderful volunteers, and the support of the Virgin Money Lounge who gifted us their stunning venue for the event - SVC held an exceptionally successful Charity Quiz Night. The evening launched the beginning of National Student Volunteering Week, and additionally raised funds for SVC's projects. We were so grateful to receive some lovely raffle prizes from generous organisations including; Experience Days, Innovate Trust, New Theatre, Glee Club, Boulders, Escape Rooms, Great Western Railway, Urbasba, KMS Hair and Natwest! The event raised over £450, which will be used to provide more volunteering projects across South Wales.

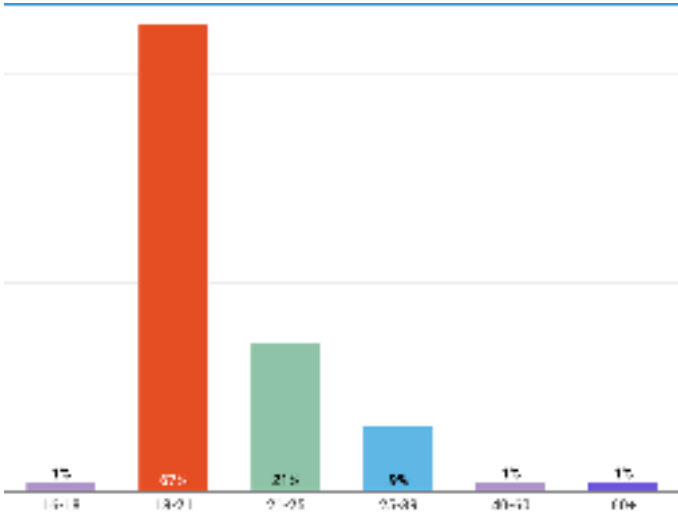


# VOLUNTEER DEMOGRAPHICS



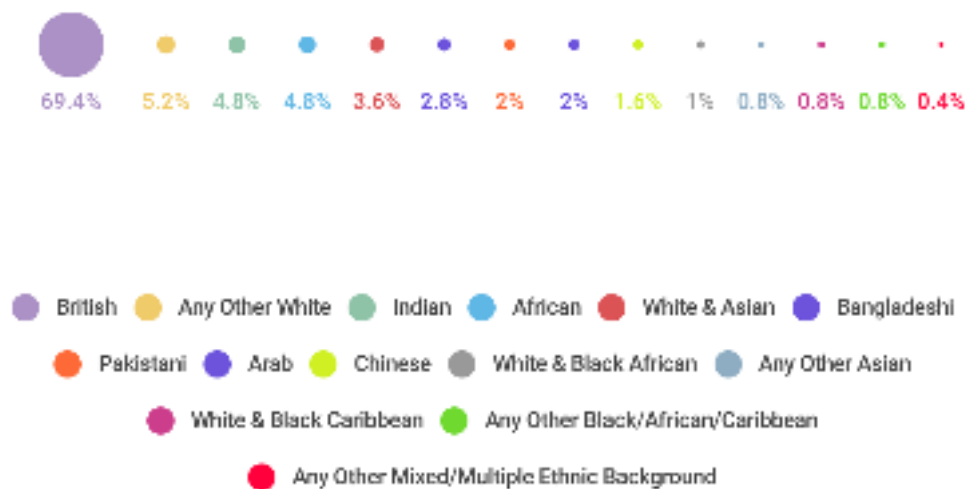
**Gender**  
Female (79%), Male (20%),  
Non Binary/Third Gender (1%)

**Age**

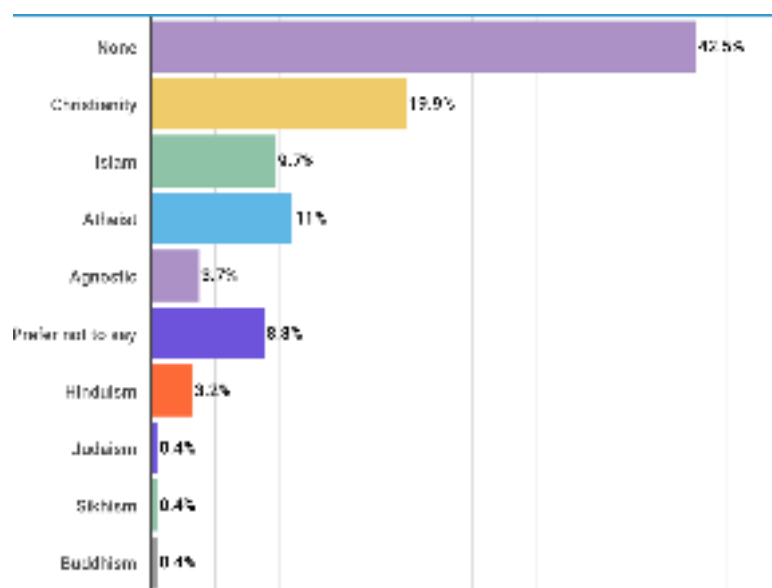


# VOLUNTEER DEMOGRAPHICS

## Ethnicity



## Religion



# PARTNERS & SUPPORTERS

Aneurin Bevan University Health Board

BBC Children in Need

Boshier - Hinton Foundation

Cardiff Bay Rotary Club

Cardiff Council

- Cardiff Social Services
- Child Health & Disability Team
- Neighbourhood Partnerships
- Parks, Sport and Harbour Authority Service
- Waste Minimisation & Strategy

Cardiff DIGS

Cardiff Metropolitan University

Cardiff Met Students' Union Volunteering

Cardiff Round Table

Cardiff University

- Cardiff Award
- School of Medicine
- Security & Porterage Services
- Student Support and Wellbeing
- Student's Unions
- Widening Access

Cardiff Riding School

Cardiff & Vale University Health Board

Cardiff Volunteering (CV)

Critical Arc

Cardiff Third Sector Council (C3SC) - Youth Led Grant

Down's Syndrome Association

Ethnic Minorities & Youth Support Team (EYST)



# PARTNERS & SUPPORTERS

Field Days Organic  
FOR Cardiff  
Growing Space  
The Hodge Foundation  
The Huggard Centre  
Innovate Trust  
Investing in Volunteers (IiV)  
Keep Wales Tidy  
Liberty Living UK  
Llandough Hospital  
Magic Little Grants  
NUS Wales  
Park Road Rehabilitation Unit  
People's Postcode Trust  
Rhondda Cynon Taf Council  
Skills Development Service (Cardiff University SU)  
South Wales Fire and Rescue Service  
South Wales Police  
St Cadoc's Hospital, Newport  
Take Charge  
Tesco Bags of Help  
The Moon  
The Virgin Money Foundation - Heart of the Community Fund  
University of South Wales  
Viridor  
Wesleyan

Charity registration number: 500785

# Student Volunteering Cardiff (SVC)

Annual Report and Financial Statements

for the period from 1 January 2019 to 31 August 2019

HSJ Accountants Limited  
Severn House  
Hazell Drive  
Newport  
NP10 8FY



## **Student Volunteering Cardiff (SVC)**

### **Contents**

|                                   |          |
|-----------------------------------|----------|
| Trustees' Report                  | 1 to 6   |
| Independent Examiner's Report     | 7        |
| Statement of Financial Activities | 8 to 9   |
| Balance Sheet                     | 10       |
| Notes to the Financial Statements | 11 to 21 |

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## **Student Volunteering Cardiff (SVC)**

### **Trustees' Report**

The trustees present the annual report together with the financial statements of the charity for the period ended 31 August 2019.

#### **Objectives and activities**

##### **Objects**

The main purpose and objects of the Charity are to promote any charitable purpose for the benefit of the community in Cardiff and its surrounding areas, and in particular the advancement of education, the furtherance of health and the relief of poverty, distress and sickness.

##### **Significant activities**

Our main activities: supporting children and adults with disabilities to access the local community, providing support for people with mental health conditions, supporting children to increase their reading and numeracy skills, environmental projects, crime prevention and community engagement.

#### **Achievement and performance**

##### **Charitable activities**

January to September 2019 was a period of continued development for Student Volunteering Cardiff (SVC). The Trustees continued to recognise the loss of funding from our partners as one of the main risks to the charity; however we were delighted that our partnership with Innovate Trust continued to blossom. We launched several new volunteering projects supporting adults with learning disabilities, mental health conditions and/or physical impairments within the local community.

SVC continued to develop volunteering opportunities for students from the three local Universities (Cardiff University, Cardiff Metropolitan University and the University of South Wales). Additionally we increased our volunteering demographic further by opening more of our volunteering opportunities to Community volunteers, and staff volunteers (from the local Universities). Our Trustee Board continues to reflect these changes with more Community Trustees sitting on the Board than ever before, bringing with them a range of expertise and knowledge - enriching our Board further.

As always, the SVC annual calendar was full of events. In February 2019 SVC ran another successful week of one-off volunteering projects for National Student Volunteering Week. This week aims to give students a taster into volunteering, where they can engage in a variety of one-off events. The week was jam-packed with opportunities including; a valentine themed party for the families living in Ronald McDonald House - a 'home from home' for the families of children who are seriously ill in hospital, building homemade bird boxes to support wildlife throughout the colder months, a morning tea party for isolated older people. The week was rounded off with a fantastic Valentine's Ball for adults with disabilities, a highlight in all our diaries!

In April, we held our Volunteer Awards Ceremony. A truly fantastic event, with the true stars of the event being our wonderful beneficiaries who attended as guest speakers. Our dedicated volunteers received certificates for their commitment to SVC, and the local Community, these were presented by Sophie Howe - The Future Generations Commissioner for Wales. It was such a pleasure to listen to our beneficiaries stories, and our volunteers really valued hearing about the difference their contribution makes to the lives of SVC beneficiaries - it was an exceedingly heart-warming celebratory event.

At the end of April, we held a separate awards evening for our Police Student Volunteers. This event was held in partnership with South Wales Police, as a means of thanking them for the 7,000+ hrs they collectively contributed to the local community in 2019.

## **Student Volunteering Cardiff (SVC)**

### **Trustees' Report**

At the end of May we delivered our most successful "Great SVC Duck Race" yet, with numerous community members getting involved with the event, all aiming to win one of the 'quacking' prizes donated by local businesses.

SVC also delivered several one-off training sessions to assist our volunteers with their future employability skills. These workshops aimed to provide volunteers with tips regarding how to apply for vacancies, and how to promote their transferable skills acquired through their training and volunteering with SVC.

This year, SVC continued to develop our new partnership with Innovate Trust, Rhondda Cynon Taff (RCT) Council and the University of South Wales (USW). The portfolio of volunteering opportunities delivered in RCT continued to expand. Volunteers were trained in befriending roles - supporting adults with disabilities and/or mental health conditions to undertake activities inside the home, and in the community. Additionally, a new project was established where student-volunteers assisted adults with disabilities to learn new technology skills.

We also developed new social clubs and events for disabled adults living in RCT - offering more opportunities to form new friendships.

A new partnership was forged with the police based in RCT, providing new opportunities for USW students to undertake Police volunteering initiatives. SVC now supports over 50% of South Wales Police volunteers.

In the summer, we prepared for an exciting new chapter in the SVC journey, embarking on a new charity structure. SVC, previously an associate unincorporated organisation, moved to the newer structure of a Charitable Incorporated Organisation (CIO). This provides more protection to our Board of Trustees and offers SVC more development opportunities in the future. Therefore, following the 31st August, SVC will have a new charity number (1173198), and a new charity name. The SVC Board of Trustees were keen to keep the charities acronym of SVC, as many of our beneficiaries associate this with our work. However, as SVC now delivers opportunities in four localities - Cardiff, Gwent, the Vale of Glamorgan and RCT, it was important to recognise this development, and move away from a Cardiff based name. Additionally, as SVC now offers opportunities to any community member (currently aged 18+), the Board felt it was time to move the word "student" from our name. Furthermore, SVC aim to provide more training opportunities to volunteers in the next academic year, and therefore increase their skill-base further. From these discussions the new name of Skills & Volunteering Cymru (SVC) was born.

#### **Achievement and performance**

At SVC we are continually amazed by the dedication and support of our volunteers and partners. As SVC continues to grow in this new chapter of our history, we continue to be confident that SVC's projects truly enhance the lives of many disadvantaged local residents, whilst continuing to build stronger community links.

At SVC we continue to aim to make our community a safer place to live, whilst we "give a little and gain a lot!"

#### **Financial review**

##### **Financial position**

Unspent and available unrestricted funds held at the balance sheet date amounted to £139,532 (2018: £106,801). These funds are supported by funding from SVC's contract with Innovate Trust (£100,000). This funding is viewed as CORE funding and contributes towards SVC's charitable purposes, salary and project costs. Additionally, SVC undertook additional fundraising events this year which generated an impressive £3,649.

SVC additionally received general unrestricted funding from the PayPal Giving Fund (£62) and Sainsbury's Plastic Bag Charges were donated to us from our local store (£1,254.10). Furthermore, SVC also undertook partnership work with Cardiff University's Medical School who provided funding for SVC to train and support their SSC students (£1,000).

## **Student Volunteering Cardiff (SVC)**

### **Trustees' Report**

Restricted funds at the accounting date amounted to £53,480 (2018: £28,206). These funds are classed as project-specific funding, helping with the everyday costs of specific projects – such as volunteer training and travel costs or different resources for individual projects.

SVC continued to be awarded funding Huggard Centre (£250) to fund our project supporting the homeless people living in Cardiff. Our partnership with the Down's syndrome Association Wales continued to develop, and we were delighted to receive further financial support from the DSA supporting the delivery of the LOL Fridays club – an engaging social club for young adults with down's syndrome.

This year SVC continued to receive funding from Cardiff Bay Rotary Club to assist with the costs of the Police Volunteering Scheme (£2,000). Working in partnership with South Wales Police, we managed to secure several additional funding streams in order to secure this project's delivery for 2019 and increase the amount of work our volunteers undertake in order to make Cardiff a safer City. Further project support came from Liberty Living UK (£6,000), Cardiff University (£3,000), Cardiff Metropolitan University (£3,000), FOR Cardiff (£5,440), CRITICALA (£500) and Cardiff Round Table (1,800).

Additionally SVC received funding from BBC Children in Need (£9,736) to assist with the project costs of our Home and Away Project, allowing more children and young people with disabilities to undertake leisure activities with their volunteers, whilst providing some respite for their families.

SVC received funding to develop our work in RCT further, this funding was agreed through our newly developed partnership with RCT Council and Innovate Trust (£49,850). Furthermore, we received support from the Hodge Foundation to support the work SVC are delivering in RCT assisting adults with disabilities to develop their technology skills (£2,500).

SVC also received additional funding this year to expand our work with adults with learning disabilities, physical disabilities and mental health conditions. We were additionally thrilled to receive funding for our new Meet & Greet Project from the People's Postcode Lottery (£748) – this project provides opportunities for adults with disabilities to form new friendships.

SVC additionally received gifts in-kind from Innovate Trust £6,300 through the use of two vehicles for SVC volunteers and support towards stationary and postage costs.

All funds, other than the general fund are treated as restricted and are used only for the purpose for which they were given.

The expenditure during the year has enabled the charity to support the vulnerable and disadvantaged children and adults of the local community.

#### **Financial review**

##### **Reserves policy**

The Trustees recognise their responsibility to spend the funds received in a reasonable time, but also recognise the need to hold funds in the event of the level of income falling and to operate an exit strategy should the Charity need to cease its activities.

##### **Future plans**

At the start of the next academic year, September 2019, SVC will be launching a new name, a new charity structure, a new charity number and new strategic plan. In 2019-20, we will be delivering some exciting new projects, more training courses, and much more one-off volunteering opportunities – aiming to make volunteering accessible to all. SVC will be supporting new opportunities for under 18's to gain volunteering experience too. We will work closely with educational institutions to also deliver a selection of work-placements linked to their degrees.

## **Student Volunteering Cardiff (SVC)**

### **Trustees' Report**

Following consultation with current volunteers and beneficiaries, SVC will be renaming many of our projects, and are excited to launch several new projects in 2019-20.

SVC additionally aims to strive for an all-inclusive approach to volunteering, working with a diverse range of volunteers, and aiming to support more beneficiaries across Cardiff, the Vale of Glamorgan, Rhondda Cynon Taff and Gwent. Additionally SVC will be launching a new name and Charity structure in 2019 – an exciting year ahead!

#### **Structure, governance and management**

##### **Legal Status**

Student Volunteering Cardiff (SVC) is an unincorporated Charity registered with the Charity Commissioners (Number 500765) and governed by its constitution.

##### **Risk management**

The Trustees have recognised the loss of the support from our partners, losing funding for projects and the loss of the organisation's premises to be the main risks facing the Charity. To mitigate these risks, the Trustees, have devised a Reserves Policy to build up the level of free reserves to cover the Charity's overheads.

##### **Reference and administrative details**

###### **Registered Charity number**

500765

###### **Principal address**

2nd Floor Office

5-7 Museum Place

Cardiff

CF10 3BJ

## Student Volunteering Cardiff (SVC)

### Trustees' Report

#### Reference and administrative details

#### Trustees

#### TRUSTEES AND THEIR BENEFICIAL INTERESTS

The Trustees, majority of which are appointed by the members at the Annual General Meeting are majority students studying at Universities across South Wales, and have no beneficial interests in the Charity.

The Charity is administered by Trustees comprising:

|                            |  |
|----------------------------|--|
| Chair                      | Henry Morris – Appointed April 2019<br>Natalie Holmes – Resigned April 2019  |
| Vice Chair                 | Sophie Smith – Re-appointed April 2019<br>Harry Allright – Resigned April 2018   |
| Treasurer                  | Emma Beard Davies – Re-appointed April 2019<br>Charlotte Fry – Resigned September 2018   |
| Secretary                  | Kieran Vass – Re-appointed April 2019<br>Ewelina Freitag – Resigned April 2018   |
| Divisional Representatives | Jessica Rumble – Re-appointed April 2019<br>Gavin Hawkey – Re-appointed April 2019<br>Karen Harvey-Cooke – Re-appointed April 2019<br>James Galloway – Appointed January 2019<br>Chaselea Turnbull – Appointed April 2019<br>Kelly Featon – Appointed April 2019<br><br>Jo Hoskins – Resigned April 2019<br>James Galloway – Resigned September 2019 |
| Associate Trustee          | Natalie Holmes – Appointed April 2019  |



## Student Volunteering Cardiff (SVC)

### Trustees' Report

Independent examiner

Andrew Hill

FCCA DChA

**HSJ ACCOUNTANTS LTD**

Severn House

Hazell Drive

Newport

NP10 8FY

Banker

Unity Trust Bank

PO Box 7193

Planetary Road

Willenhall

WV1 9DG

Approved by order of the board of trustees on 14/1/2020 and signed on its behalf by:

Henry Morris

Henry Morris - Trustee

## Student Volunteering Cardiff (SVC)

### Independent Examiner's Report to the trustees of Student Volunteering Cardiff (SVC)

I report to the charity trustees on my examination of the accounts of the charity for the year ended 31 August 2019 which are set out on pages 8 to 21.

#### Respective responsibilities of trustees and examiner

As the charity's trustees of Student Volunteering Cardiff (SVC) you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Student Volunteering Cardiff (SVC)'s accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

#### Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of Student Volunteering Cardiff (SVC) as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Andrew Hill  
FCCA DChA

Severn House  
Hazell Drive  
Newport  
NP10 8FY

Date: 19/1/2020

# Student Volunteering Cardiff (SVC)

## Statement of Financial Activities for the Period from 1 January 2019 to 31 August 2019

|                                    | Note | Unrestricted<br>funds<br>£ | Restricted<br>funds<br>£ | Total<br>31 August<br>2019<br>£ |
|------------------------------------|------|----------------------------|--------------------------|---------------------------------|
| <b>Income and Endowments from:</b> |      |                            |                          |                                 |
| Donations and legacies             |      | 73,492                     | -                        | 73,492                          |
| Charitable activities              |      | 3,000                      | 86,328                   | 89,328                          |
| Other trading activities           |      | 3,445                      | 204                      | 3,649                           |
| Investment income                  | 5    | 13                         | -                        | 13                              |
| Total income                       |      | <u>79,950</u>              | <u>86,532</u>            | <u>166,482</u>                  |
| <b>Expenditure on:</b>             |      |                            |                          |                                 |
| Charitable activities              |      | <u>(47,530)</u>            | <u>(61,797)</u>          | <u>(109,327)</u>                |
| Total expenditure                  |      | <u>(47,530)</u>            | <u>(61,797)</u>          | <u>(109,327)</u>                |
| Net income                         |      | 32,420                     | 24,735                   | 57,155                          |
| Gross transfers between funds      |      | <u>(584)</u>               | <u>584</u>               | <u>-</u>                        |
| Net movement in funds              |      | 31,836                     | 25,319                   | 57,155                          |
| <b>Reconciliation of funds</b>     |      |                            |                          |                                 |
| Total funds brought forward        |      | <u>108,259</u>             | <u>28,206</u>            | <u>136,465</u>                  |
| Total funds carried forward        | 14   | <u>140,095</u>             | <u>53,525</u>            | <u>193,620</u>                  |

## Student Volunteering Cardiff (SVC)

### Statement of Financial Activities for the Period from 1 January 2019 to 31 August 2019

|                                    | Note | Unrestricted<br>funds<br>£ | Restricted<br>funds<br>£ | Total<br>31 December<br>2018<br>£ |
|------------------------------------|------|----------------------------|--------------------------|-----------------------------------|
| <b>Income and Endowments from:</b> |      |                            |                          |                                   |
| Donations and legacies             |      | 113,861                    | -                        | 113,861                           |
| Charitable activities              |      | -                          | 44,788                   | 44,788                            |
| Other trading activities           |      | 3,297                      | 651                      | 3,948                             |
| Total income                       |      | <u>117,158</u>             | <u>45,439</u>            | <u>162,597</u>                    |
| <b>Expenditure on:</b>             |      |                            |                          |                                   |
| Charitable activities              |      | <u>(102,923)</u>           | <u>(39,699)</u>          | <u>(142,622)</u>                  |
| Total expenditure                  |      | <u>(102,923)</u>           | <u>(39,699)</u>          | <u>(142,622)</u>                  |
| Net income                         |      | 14,235                     | 5,740                    | 19,975                            |
| Gross transfers between funds      |      | <u>(667)</u>               | <u>667</u>               | <u>-</u>                          |
| Net movement in funds              |      | 13,568                     | 6,407                    | 19,975                            |
| <b>Reconciliation of funds</b>     |      |                            |                          |                                   |
| Total funds brought forward        |      | <u>94,691</u>              | <u>21,799</u>            | <u>116,490</u>                    |
| Total funds carried forward        | 14   | <u>108,259</u>             | <u>28,206</u>            | <u>136,465</u>                    |

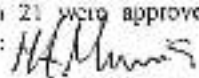
All of the charity's activities derive from continuing operations during the above two periods.

The funds breakdown for 2018 is shown in note 14.

# Student Volunteering Cardiff (SVC)

(Registration number: 500765)  
Balance Sheet as at 31 August 2019

|   | Note | 31 August<br>2019<br>£ | 31 December<br>2018<br>£ |
|---|------|------------------------|--------------------------|
| <b>Fixed assets</b>                                   |      |                        |                          |
| Tangible assets                                       | 11   | 729                    | 937                      |
| <b>Current assets</b>                                 |      |                        |                          |
| Debtors   | 12   | 1,682                  | 1,682                    |
| Cash at bank and in hand                              |      | <u>225,598</u>         | <u>153,792</u>           |
|   |      | 227,280                | 155,474                  |
| <b>Creditors: Amounts falling due within one year</b> | 13   | <u>(34,389)</u>        | <u>(19,946)</u>          |
| <b>Net current assets</b>                             |      | <u>192,891</u>         | <u>135,528</u>           |
| <b>Net assets</b>                                     |      | <u>193,620</u>         | <u>136,465</u>           |
| <b>Funds of the charity:</b>                          |      |                        |                          |
| <b>Restricted funds</b>                               |      | 53,525                 | 28,206                   |
| <b>Unrestricted income funds</b>                      |      |                        |                          |
| Unrestricted funds                                    |      | <u>140,095</u>         | <u>108,259</u>           |
| <b>Total funds</b>                                    | 14   | <u>193,620</u>         | <u>136,465</u>           |

The financial statements on pages 8 to 21 were approved by the trustees, and authorised for issue on 19/1/2020, and signed on their behalf by:   
Henry Morris - Trustee

## **Student Volunteering Cardiff (SVC)**

### **Notes to the Financial Statements for the Period from 1 January 2019 to 31 August 2019**

#### **1 Accounting policies**

##### **Statement of compliance**

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Charities Act 2011.

##### **Basis of preparation**

Student Volunteering Cardiff (SVC) meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy notes.

##### **Exemption from preparing a cash flow statement**

The charity opted to early adopt Bulletin 1 published on 2 February 2016 and have therefore not included a cash flow statement in these financial statements.

##### **Going concern**

The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern.

##### **Income and endowments**

Voluntary income including donations, gifts, legacies and grants that provide core funding or are of a general nature is recognised when the charity has entitlement to the income, it is probable that the income will be received and the amount can be measured with sufficient reliability.

##### **Donations and legacies**

Donations and legacies are recognised on a receivable basis when receipt is probable and the amount can be reliably measured.

##### **Grants receivable**

Grants are recognised when the charity has an entitlement to the funds and any conditions linked to the grants have been met. Where performance conditions are attached to the grant and are yet to be met, the income is recognised as a liability and included on the balance sheet as deferred income to be released.

##### **Deferred income**

Deferred income represents amounts received for future periods and is released to incoming resources in the period for which, it has been received. Such income is only deferred when:

- The donor specifies that the grant or donation must only be used in future accounting periods; or
- The donor has imposed conditions which must be met before the charity has unconditional entitlement.



## **Student Volunteering Cardiff (SVC)**

### **Notes to the Financial Statements for the Period from 1 January 2019 to 31 August 2019**

#### ***Donated services and facilities***

Where services or facilities are provided to the charity as a donation that would normally be purchased from our suppliers, this benefit is included in the financial statements at its fair value unless its fair value cannot be reliably measured, then at the cost to the donor or the resale value of goods that are to be sold.

#### ***Investment Income***

Dividends are recognised once the dividend has been declared and notification has been received of the dividend due.

#### ***Expenditure***

All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregate similar costs to that category. Where costs cannot be directly attributed to particular headings they have been allocated on a basis consistent with the use of resources, with central staff costs allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use. Other support costs are allocated based on the spread of staff costs.

#### ***Charitable activities***

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

#### ***Support costs***

Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources, for example, allocating property costs by floor areas, or per capita, staff costs by the time spent and other costs by their usage.

#### ***Governance costs***

These include the costs attributable to the charity's compliance with constitutional and statutory requirements, including audit, strategic management and trustees's meetings and reimbursed expenses.

#### ***Taxation***

The charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

#### ***Tangible fixed assets***

Individual fixed assets costing £500.00 or more are initially recorded at cost.

#### ***Depreciation and amortisation***

Depreciation is provided on tangible fixed assets so as to write off the cost or valuation, less any estimated residual value, over their expected useful economic life as follows:

## Student Volunteering Cardiff (SVC)

### Notes to the Financial Statements for the Period from 1 January 2019 to 31 August 2019

| Asset class        | Depreciation method and rate |
|--------------------|------------------------------|
| Computer equipment | 25% on cost                  |

#### Trade debtors

Trade debtors are amounts due from customers for merchandise sold or services performed in the ordinary course of business.

Trade debtors are recognised initially at the transaction price. They are subsequently measured at amortised cost using the effective interest method, less provision for impairment. A provision for the impairment of trade debtors is established when there is objective evidence that the charity will not be able to collect all amounts due according to the original terms of the receivables.

#### Cash and cash equivalents

Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

#### Fund structure

Unrestricted income funds are general funds that are available for use at the trustees's discretion in furtherance of the objectives of the charity.

Designated funds are unrestricted funds set aside for specific purposes at the discretion of the trustees.

Restricted income funds are those donated for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

## 2 Income from donations and legacies

|                                   | Unrestricted<br>funds |                                 |   |
|-----------------------------------|-----------------------|---------------------------------|---|
|                                   | General<br>£          | Total<br>31 August<br>2019<br>£ | Total<br>Year ended 31<br>December<br>2018<br>£ |
| Donations and legacies:           |                       |                                 |   |
| Donations from individuals        | 525                   | 525                             | 4,411   |
| Grants, including capital grants: |                       |                                 |   |
| Grants from other charities       | 66,667                | 66,667                          | 100,000   |
| Donated services and facilities   | 6,300                 | 6,300                           | 9,450   |
|                                   | <u>73,492</u>         | <u>73,492</u>                   | <u>113,861</u>                                  |

# **Student Volunteering Cardiff (SVC)**

## **Notes to the Financial Statements for the Period from 1 January 2019 to 31 August 2019**

### **3 Income from charitable activities**

|                                 | <b>Unrestricted funds</b> |                                   | <b>Total<br/>31 August<br/>2019<br/>£</b> | <b>Total<br/>Year ended 31<br/>December<br/>2018<br/>£</b> |
|---------------------------------|---------------------------|-----------------------------------|---|--|
|                                 | <b>General<br/>£</b>      | <b>Restricted<br/>funds<br/>£</b> |   |  |
| Student Volunteering Activities | <u>3,000</u>              | <u>86,328</u>                     | <u>89,328</u>                             | <u>44,788</u>  |

### **4 Income from other trading activities**

|                | <b>Unrestricted funds</b> |                      |                                   | <b>Total<br/>31 August<br/>2019<br/>£</b> | <b>Total<br/>Year ended 31<br/>December<br/>2018<br/>£</b> |
|----------------|---------------------------|----------------------|-----------------------------------|---|--|
|                | <b>Designated<br/>£</b>   | <b>General<br/>£</b> | <b>Restricted<br/>funds<br/>£</b> |   |  |
| Events income; |                           |                      |                                   |   |  |
| Other events   |                           |                      |                                   |   |  |
| income         | <u>1,843</u>              | <u>1,602</u>         | <u>204</u>                        | <u>3,649</u>                              | <u>3,948</u>   |
|                | <u>1,843</u>              | <u>1,602</u>         | <u>204</u>                        | <u>3,649</u>                              | <u>3,948</u>   |

### **5 Investment income**

|   | <b>Unrestricted<br/>funds</b> | <b>Total<br/>31 August<br/>2019<br/>£</b> |
|---|-------------------------------|---|
|   | <b>General<br/>£</b>          |   |
| Interest receivable and similar income; |                               |   |
| Interest receivable on bank deposits    | <u>13</u>                     | <u>13</u>                                 |

## Student Volunteering Cardiff (SVC)

### Notes to the Financial Statements for the Period from 1 January 2019 to 31 August 2019

#### 6 Analysis of governance and support costs

##### Governance costs

|   | Unrestricted<br>funds |                                 |   |
|---|-----------------------|---------------------------------|---|
|   | General<br>£          | Total<br>31 August<br>2019<br>£ | Total<br>Year ended 31<br>December<br>2018<br>£ |
| Independent examiner fees               |                       |                                 |   |
| Examination of the financial statements | 1,056                 | 1,056                           | 1,020   |
|   | <u>1,056</u>          | <u>1,056</u>                    | <u>1,020</u>                                    |

#### 7 Net incoming/outgoing resources

Net incoming resources for the period include:

|                                 | 31 August<br>2019<br>£ | 31 December<br>2018<br>£ |
|---------------------------------|------------------------|--------------------------|
| Operating leases - other assets | 11,771                 | 11,451                   |
| Depreciation of fixed assets    | <u>208</u>             | <u>813</u>               |

#### 8 Trustees remuneration and expenses

No trustees, nor any persons connected with them, have received any remuneration from the charity during the year.

No trustees have received any reimbursed expenses from the charity during the year.

## Student Volunteering Cardiff (SVC)

### Notes to the Financial Statements for the Period from 1 January 2019 to 31 August 2019

#### 9 Staff costs

The aggregate payroll costs were as follows:

|                                     | 2019<br>£     | 31 December<br>2018<br>£ |
|-------------------------------------|---------------|--------------------------|
| Staff costs during the period were: |               |                          |
| Wages and salaries                  | <u>67,794</u> | <u>84,977</u>            |

The monthly average number of persons (including senior management team) employed by the charity during the period expressed as full time equivalents was as follows:

|                     | 31 August<br>2019<br>No | 31 December<br>2018<br>No |
|---------------------|-------------------------|---------------------------|
| Project coordinator | 4                       | 3                         |
| SVC Team Leader     | 1                       | 1                         |
| SVC Manager         | <u>1</u>                | <u>1</u>                  |
|                     | <u>6</u>                | <u>5</u>                  |

No employee received emoluments of more than £60,000 during the period.

## Student Volunteering Cardiff (SVC)

### Notes to the Financial Statements for the Period from 1 January 2019 to 31 August 2019

#### 10 Taxation

The charity is a registered charity and is therefore exempt from taxation.

#### 11 Tangible fixed assets

|                       | Computer<br>equipment<br>£ | Total<br>£ |
|-----------------------|----------------------------|------------|
| <b>Cost</b>           |                            |            |
| At 1 January 2019     | 3,250                      | 3,250      |
| At 31 August 2019     | 3,250                      | 3,250      |
| <b>Depreciation</b>   |                            |            |
| At 1 January 2019     | 2,313                      | 2,313      |
| Charge for the year   | 208                        | 208        |
| At 31 August 2019     | 2,521                      | 2,521      |
| <b>Net book value</b> |                            |            |
| At 31 August 2019     | 729                        | 729        |
| At 31 December 2018   | 937                        | 937        |

#### 12 Debtors

|               | 31 August<br>2019<br>£ | 31 December<br>2018<br>£ |
|---------------|------------------------|--------------------------|
| Other debtors | 1,682                  | 1,682                    |

#### 13 Creditors: amounts falling due within one year

|                 | 31 August<br>2019<br>£ | 31 December<br>2018<br>£ |
|-----------------|------------------------|--------------------------|
| Other creditors | -                      | 18,926                   |
| Accruals        | 1,056                  | 1,028                    |
| Deferred income | 33,333                 | -                        |
|                 | 34,389                 | 19,946                   |



# Student Volunteering Cardiff (SVC)

## Notes to the Financial Statements for the Period from 1 January 2019 to 31 August 2019

### 14 Funds

|                                 | Balance at 1<br>January<br>2019<br>£           | Incoming<br>resources<br>£          | Resources<br>expended<br>£          | Transfers<br>£         | Balance at<br>31 August<br>2019<br>£                 |
|---------------------------------|--|-------------------------------------|-------------------------------------|------------------------|--|
| <b>Unrestricted funds</b>       |  |                                     |                                     |                        |  |
| <i>General</i>                  |  |                                     |                                     |                        |  |
| General fund                    | 108,780  | 78,107                              | (45,483)                            | (1,690)                | 139,714  |
| <i>Designated</i>               |  |                                     |                                     |                        |  |
| Supported Living Project        | (521)  | 1,843                               | (2,047)                             | 1,106                  | 381  |
| <b>Total unrestricted funds</b> | <b>108,259</b>                                 | <b>79,950</b>                       | <b>(47,530)</b>                     | <b>(584)</b>           | <b>140,095</b>                                       |
| <b>Restricted funds</b>         |  |                                     |                                     |                        |  |
| Mental Health Projects          | 1,773  | 1,254                               | (1,935)                             | -                      | 1,072  |
| Weekenders                      | 5,751  | 2,500                               | (5,554)                             | -                      | 2,697  |
| Education                       | 1,633  | -                                   | (39)                                | -                      | 1,594  |
| The Haggard Centre              | 311  | -                                   | (168)                               | -                      | 143  |
| The Police Volunteering Scheme  | 13,103   | 22,443                              | (22,502)                            | -                      | 13,044   |
| LOL Fridays                     | (383)  | -                                   | (285)                               | 501                    | (167)  |
| Home and Away                   | 3,818  | 9,736                               | (2,512)                             | -                      | 11,042   |
| Skills 4 Life                   | 1,179  | -                                   | (1,262)                             | 83                     | -  |
| WOATW                           | 908  | -                                   | (884)                               | -                      | 24   |
| Rhondda Cynon Taf (RCT)         | 113  | 49,850                              | (26,345)                            | -                      | 23,618   |
| Meet & Greet                    | -  | 748                                 | (290)                               | -                      | 458  |
| <b>Total restricted funds</b>   | <b>28,206</b>                                  | <b>86,531</b>                       | <b>(61,796)</b>                     | <b>584</b>             | <b>53,525</b>  |
| <b>Total funds</b>              | <b>136,465</b>                                 | <b>166,481</b>                      | <b>(109,326)</b>                    | <b>-</b>               | <b>193,620</b>                                       |
|                                 | <b>Balance at 1<br/>January<br/>2018<br/>£</b> | <b>Incoming<br/>resources<br/>£</b> | <b>Resources<br/>expended<br/>£</b> | <b>Transfers<br/>£</b> | <b>Balance at<br/>31<br/>December<br/>2018<br/>£</b> |
| <b>Unrestricted funds</b>       |  |                                     |                                     |                        |  |
| <i>General</i>                  |  |                                     |                                     |                        |  |
| General fund                    | 94,550   | 115,242                             | (102,497)                           | 1,485                  | 108,780  |
| <i>Designated</i>               |  |                                     |                                     |                        |  |
| Supported Living Project        | 141  | 1,916                               | (426)                               | (2,152)                | (521)  |
| <b>Total unrestricted funds</b> | <b>94,691</b>                                  | <b>117,158</b>                      | <b>(102,923)</b>                    | <b>(667)</b>           | <b>108,259</b>                                       |

## Student Volunteering Cardiff (SVC)

### Notes to the Financial Statements for the Period from 1 January 2019 to 31 August 2019

|                                | Balance at 1<br>January<br>2018<br>£ | Incoming<br>resources<br>£ | Resources<br>expended<br>£ | Transfers<br>£ | Balance at<br>31<br>December<br>2018<br>£ |
|--------------------------------|--------------------------------------|----------------------------|----------------------------|----------------|---|
| <b>Restricted funds</b>        |                                      |                            |                            |                |   |
| Mental Health Projects         | 3,015                                | 818                        | (1,463)                    | (597)          | 1,773                                     |
| Weekenders                     | 4,548                                | 3,000                      | (1,798)                    | 1              | 5,751                                     |
| Education                      | 1,705                                | -                          | (72)                       | -              | 1,633                                     |
| The Huggard Centre             | 301                                  | 250                        | (241)                      | 1              | 311                                       |
| The Student Tutor Project      | 360                                  | -                          | -                          | (360)          | -   |
| The Police Volunteering Scheme | 8,325                                | 30,863                     | (26,682)                   | 597            | 13,103                                    |
| LOL Fridays                    | 284                                  | -                          | (667)                      | -              | (383)                                     |
| Home and Away                  | 3,261                                | 8,329                      | (7,798)                    | 26             | 3,818                                     |
| Skills 4 Life                  | -                                    | 1,179                      | -                          | -              | 1,179                                     |
| WOATW                          | -                                    | 1,000                      | (92)                       | -              | 908                                       |
| Rhondda Cynon Taf (RCT)        | -                                    | -                          | (886)                      | 999            | 113                                       |
| <b>Total restricted funds</b>  | <u>21,799</u>                        | <u>45,439</u>              | <u>(39,699)</u>            | <u>667</u>     | <u>28,206</u>                             |
| <b>Total funds</b>             | <u>116,490</u>                       | <u>162,597</u>             | <u>(142,622)</u>           | <u>-</u>       | <u>136,465</u>                            |

#### Mental Health Projects

Under this umbrella area our volunteers work across several different locations including multiple wards at Llandough Hospital, and additionally the new Adult Mental Health unit based at this site, called Hafn-y-Coed. Volunteers also assist at the Iorwerth Jones Centre and Park Road Rehabilitation Centre. Volunteers offer companionship and general conversation to adults with mental health conditions. Our volunteers also organise different activities for patients to participate in, whilst providing interaction and building rapport.

#### Adferiad Unit

Following the expansion of our mental health opportunities, we now deliver a project based on an Acute Mental Health unit in St Cadoc's Hospital. This is our first venture into the County of Gwent, and we are keen to develop further opportunities within this locality.

#### Weekenders

The volunteers on our Weekenders project organise day trips for children who are 'Young Carers', or the siblings of children with learning disabilities. The aim of the project is to provide a variety of trips and activities for children who may not otherwise get the opportunity to go to places that may be available to their peers.

#### Huggard Centre

The Huggard Centre, is an open door drop-in centre and hostel for homeless people based in the heart of Cardiff. Volunteering involves engaging and befriending homeless people by carrying out a variety of different activities from arts and crafts, games nights, quizzes and cooking sessions.

## **Student Volunteering Cardiff (SVC)**

### **Notes to the Financial Statements for the Period from 1 January 2019 to 31 August 2019**

#### **The Police Volunteering Project**

A partnership project between SVC, South Wales Police, Cardiff University, Cardiff University's Students' Union, Cardiff Metropolitan University, Cardiff Metropolitan Students' Union and the University of South Wales. The project trains student-volunteers to work alongside local community groups, and South Wales Police, to reduce local crime, and increase resident's awareness of Crime Prevention education. The project has grown from strength to strength, with more volunteers, and more sponsors each year. This year the project received financial support from FOR Cardiff, Cardiff Bay Rotary Club, Cardiff Metropolitan University, Liberty Living, Cardiff University, Cardiff Round Table and Criticala.

#### **Education**

SVC's Education project works in partnership with Greenhill Special School, specifically designed for pupils who have social, emotional or behavioural difficulties. SVC volunteers provide additional classroom support to help to improve the pupil's communication skills. Additionally we advertise opportunities to support young people from BME backgrounds to excel through local Homework Clubs, this work is delivered by our partners at EYST.

#### **Widening Participation**

As part of SVC's partnership with Cardiff University's Widening Participation team, this year SVC volunteers have assisted on both the Discovery Project, and Confident Future's Project. Through these inspirational projects, volunteers support young people with autism, or young people in care, to develop their skills and access higher education.

#### **LOL Fridays**

An activity club run by SVC volunteers for young people with Down's syndrome. The volunteers assist by running a variety of different activities such as arts and crafts, board games, computer games, pool and karaoke. The club also have themed parties and trips out, for example dinner and bowling. The project runs in partnership with the Down's Syndrome Association Cymru.

#### **Supporting Adults with Disabilities**

As part of SVC's ongoing partnership with Innovate Trust, SVC have developed several projects which all aim to enhance the lives of adults with learning disabilities, physical impairments and/or mental health conditions. The different projects include a befriending scheme where volunteers undertake activities within the beneficiary's home or accessing activities in the community. Another very popular project in this area is the "Womanby's Clubbing" project, a partnership project with the Moon Club in Cardiff, where once a month beneficiaries can come and listen to an in-house DJ whilst dancing the night away with SVC volunteers. Additionally SVC volunteers deliver a Drama Club for our inspiring actors and actresses!

We also deliver a project called Fantastic 4 Party Planners - aiming to help beneficiaries to make new friends through four themed parties for our beneficiaries. Parties each year include Halloween, Christmas, Valentine's and a spring event.

A fortnightly social club called "Whole of a Time Wednesday", where beneficiaries can meet up with friends in a safe environment whilst engaging in karaoke, Wii games, arts and crafts or other fun games.

#### **Meet & Greet**

Funded through the Postcode Lottery, this club provides regular events for adults with disabilities, and mental health conditions, to meet new people, and undertake new activities. The project is beneficiary led, and volunteers work closely with the beneficiaries to plan and prepare the different activities on offer.

## Student Volunteering Cardiff (SVC)

### Notes to the Financial Statements for the Period from 1 January 2019 to 31 August 2019

#### Home and Away

The Home and Away project matches children/young people aged 5-18 with two student-volunteers, who then visit the young person regularly throughout the academic year undertaking activities the home, or in the community. The aim of the project is to build the young person's skills, whilst providing some respite for their families. This year the project was kindly funded through BBC Children in Need, who supported all expenses, project materials and an end of year Home and Away party.

#### Rhondda Cynon Taff (RCT)

This was our first year developing projects in the County of RCT. Our partnership with the University of South Wales (UWS) flourished and we launched several projects to encourage volunteers from USW and the local community to develop their skills through volunteering. Projects included – a befriending project matching volunteers with an adult with learning and/or physical disabilities, to undertake activities within the home or in the Community. We also trained Digital Mentors, SVC volunteers who then support beneficiaries with disabilities to learn more about how to increase their use of their Intelligent Personal Assistants to enhance their independence. Additionally we developed a Clubbing project for adults with disabilities based in Pontypridd, and a social club based in Talbot Green. Furthermore, we launched a new arm to our Police Volunteering Project, working with the Northern division of South Wales Police, where we recruited student-volunteers to combat crime prevention in and around the USW Campus.

#### 15 Analysis of net assets between funds

|                       | Unrestricted<br>funds | Restricted<br>funds | Total funds |
|-----------------------|-----------------------|---------------------|-------------|
|                       | General<br>£          | £                   | £           |
| Tangible fixed assets | 729                   | -                   | 729         |
| Current assets        | 172,800               | 53,480              | 227,280     |
| Current liabilities   | (34,389)              | -                   | (34,389)    |
| Total net assets      | 140,140               | 53,480              | 193,620     |

